











WELCOME TO NORDFJORD

Short distances – big experiences Lots of exciting activities

Nordfjord is the destination for you if you are looking for an active holiday. In a magnificent, varied landscape between glaciers, fjords and the ocean, you can enjoy mountain walks, coastal walks, boat trips, kayaking, fishing, horse riding in fjord horse country, and lots more. Waymarked trails guide you to impressive mountain summits, idyllic summer pasture farms, lush valleys and a distinctive coastal landscape. If you are looking for action and an adrenaline rush, you can try glacier walks, a via ferrata or whitewater rafting. In Nordfjord, you will find thriving communities with a rich cultural life. We can offer a wide range of cultural activities: from traditional music and art experiences to events such as the Malakoff Rock Festival, the Norwegian Country Festival and Opera Nordfjord.

Tourist Information

If you are planning a trip to Nordfjord, you will always find updated information at www.nordfjord.no. If you need further information or wish to visit one of our tourist information offices, you will find a list of all the offices in Nordfjord on the website.

The tourist information staff can provide information about activities, attractions, events and accommodation.

We also sell postcards, books and walking maps. Bikes can also be hired in Stryn.



STRYN & NORDFJORD

Destination Stryn & Nordfjord

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www.nordfjord.no

www.nordfjord.no/turistinformasjon www.facebook.com/StrynNordfjord www.twitter.com/StrynNordfjord







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Destination Stryn & Nordfjord AS is a joint body that markets Nordfjord as a destination both in Norway and abroad. The Nordfjord area comprises the municipalities of Stryn, Hornindal, Gloppen, Eid, Vågsøy and Selje.

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TRANSPORT

By air

Sandane Airport is located in the middle of Nordfjord, with good connections to, for example,Oslo and Bergen with the airline Widerøe. Ørsta – Volda Airport Hovden, approximately one hour from Nordfjord. Flights to Oslo and Bergen, among other places, with the airline Widerøe.

Ålesund Airport Vigra, two and a half hours from Nordfjord. Good connections to Oslo and other Norwegian cities/towns. Direct flights to London, Riga, Copenhagen, Alicante, Gdansk, Las Palmas and Amsterdam.

Widerøe, tel. +47 810 01 200, www.wideroe.no

SAS, tel. +47 05400, www.sas.no From abroad: +47 915 05 400

By bus

Ekspress bus to Nordfjord from Oslo (3 daily departures), Bergen (3 daily departures) and Trondheim (1 daily departure). Ad.p. 3. Nor-Way Bussekspress, tel. +47 815 44 444 www.nor-way.no. www.ruteinfo.net

Travel information

Timetable information for buses, ferries and express boats: For timetable information for Sogn og Fjordane, call 177 from within the county, or +47 815 00 182 from outside the county. www.ruteinfo.net

Express boat from bergen

Express boat from Bergen to Måløy and Selje. www.norled.no.

The hurtigruten (coastal steamer)

The Hurtigruten calls daily at Måløy on both its northbound and southbound voyages. Hurtigruten, tel. +47 810 30 000, www.hurtigruten.no

By bar

Information about road and traffic conditions throughout Norway. Tel. 175 (+47 23 23 78 63 from abroad). www.nordfjord.no/car and www.vegvesen.no

Car hire

Avis (Stryn, Sandane, Måløy). Tel. +47 57 72 50 80 Svein og Jan Bilutleige, Stryn. Tel. +47 416 92 277 Vest Bilutleige AS, Raudeberg. Tel. +47 952 19 452 Hertz Bilutleie, Stryn Tel. +47 911 72 912

Taxi

Stryn +47 57 87 23 50 Olden +47 950 86 146 Innvik +47 911 01 292 Hornindal +47 906 79 666 Sandane +47 948 55 555 Byrkjelo/Breim +47 57 86 72 16 Nordfjordeid +47 57 86 08 09 Måløy +47 57 85 13 52 Selje +47 57 85 64 86

www.nordfjord.no/transport



Nettbuss 6783 Stryn tlf. +47 57 87 46 00 www.nettbuss.no



Tourist Routes

Glacier bus Stryn - Loen - Olden -Briksdal Daily busdepartures, 1/6 - 31/8 2013 www.ruteinfo.net





Travel to Nordfjord - direct from Oslo, Bergen and Trondheim by Fjordekspressen or Nordfjordekspressen.

For more information., see nordfjordekspressen.no / fjordekspressen.no / nor-way.no or call 0047 815 44 444





SCENIC HIGHLIGHTS

Glaciers, waterfalls, fjords, islands, the coast and the sea – there are countless natural attractions waiting for you in Nordfjord! In the inner part of Nordfjord, you come into close contact with wild, dramatic scenery with steep mountains and glaciers, while the ocean's edge awaits you on the coast. The contrasts are great, and you are guaranteed many unforgettable experiences!

Blue glaciers and green valleys

At 487 square kilometres, Jostedalsbreen is the largest glacier in mainland Europe. The area is a unique part of Norway's natural environment and invaluable in terms of outdoor pursuits and nature experiences. It was therefore protected through the establishment of Jostedalsbreen National Park. Here you find an unusually rich concentration of different landscapes and life forms, and much of the area is unspoilt or very little affected by human activity. Up on the glacier plateau, the glacier seems calm, but down towards the low-lying areas, the glacier arms hang like frozen waterfalls that drop more than a thousand metres. Measurements have shown that the glacier moves up to 1.5 metres a day, and large avalanches occur regularly on the steep sides of the glacier. Jostedalsbreen is a typical plateau glacier surrounded by valley glaciers. The best known glacier arms in Nordfjord are the Briksdalsbreen, Kjenndalsbreen, Bødalsbreen and Brenndalsbreen glaciers.

Please note! Show respect for the forces of nature and keep your distance from the glacier. Glaciers are in constant movement, and the risk of avalanches is high.

Briksdalsbreen and Brenndalsbreen glaciers

The most famous attraction in Stryn is the Briksdalsbreen glacier. Visitors from around the world visit this beautiful glacier arm, which is located between cascading waterfalls and tall mountain summits. Briksdalsbreen is situated at the head of the beautiful Oldedalen valley, approximately 20 km from the village of Olden. There is a three-kilometre gravel road from the mountain lodge to the glacier itself. You can either walk up or be driven in open vehicles. Briksdalsbre Mountain Lodge is open from March to November. Activities, restaurant and a big souvenir shop (ad.p.40). There is a bus service to the Briksdalsbreen glacier during the peak season (ad.p.3). Brenndalsbreen glacier is situated in the Brenndalen valley, a tributary valley of Oldedalen. It offers breathtaking, spectacular scenery, surrounded by steep mountains. Glacier walks are available for part of the summer.

Lodalen valley, Kjenndalsbreen and Bødalsbreen glaciers

The Kjenndalsbreen glacier is located innermost in the Lodalen valley, 17 km from the village of Loen. It is the lowest-lying glacier arm of Jostedalsbreen. Fifteen-minute walk. Its stunning scen-

ery and dramatic history make the Lodalen valley quite unique. Enormous boulders have twice broken off Mount Ramnefjell and fallen into the Lovatnet lake, creating tidal waves that destroyed the hamlets of Nesdal and Bødal killing 135 people. The years 1905 and 1936 will always remind the people of inner Nordfjord of the Lodal disasters. Memorial stones near Loen church and in the Lodalen valley commemorate those who lost their lives in the disasters. At the end of the Lovatnet lake, you find Kjenndalstova café. Bødalssetra summer pasture farm, 16 km from Loen, is the starting point for walks on the Bødalsbreen glacier.

Hornindalsvatnet lake

all of 514 metres deep, Hornindalsvatnet is Europe's deepest lake. No glacier rivers flow into the lake, making it particularly clear and blue. Rumour has it that there is a sea serpent in the lake, but this has yet to be confirmed ... If you want to run right round the lake, you can take part in Hornindalsvatnet International Marathon, which is held in July every year.

The Kannesteinen rock

kannesteinen is a rock with a strange stem-like shape that stands on the shore in the village of Oppedal, 10 km west of the centre of Måløy. For thousands of years, the ocean has pounded and ground down the Kannesteinen rock, creating its unique shape. The rock is about 4-5 metres high. It is a popular subject for photographers and a symbol of Vågsøy municipality. The Tamil action film Maattrraan used it as a location in summer 2012.

West Cape (496 m)

west Cape is the westernmost viewpoint on mainland Norway. West Cape is an impressive experience, with the Sunnmøre alps in the distance as a prelude to the powerful symphony of the sea below. The cliff plunges steeply into the ocean. When the weather is good, you can enjoy jaw-dropping panoramic views in all directions. Excellent views of the Sunnmøre alps, Mount Hornelen, the Ålfotbreen glacier and the stormy Stadhavet sea.

Storm at Stad

'Storm at Stad' is a well-known phrase from Norwegian weather forecasts. Nowhere else in the country are there hurricane force winds or full storms more often than off the Stadlandet coast. It is a powerful sight to see the wind whipping up the sea and the waves crashing high above the cliffs along the coast. Experiencing a storm can be fantastic experience, but remember that there are huge forces at work, so make sure to stand somewhere safe. There have been many dramatic events along the coast throughout the years. Join a guided tour with Stadt Naturguiding, and learn more about the coastal culture and history.



HIKING - Fjord Hiking 365

In the magnificent, varied scenery of Nordfjord, you can walk between the fjord, the sea, mountains and glaciers. The mountains of Nordfjord rise straight up from the fjord to heights of more than 2,000 metres. Take a walk in the inner part of Nordfjord with its tall peaks and narrow valleys, the middle part of Nordfjord with its more open landscape and rounded summits, or to outer Nordfjord with its characteristic coastal landscape. The mild coastal climate means there are opportunities for walking all year round.

There are more than 230 waymarked paths in Nordfjord that take you to mountain peaks, glaciers, deep valleys, old summer pasture farms, waterfalls and rivers. The paths vary from family-friendly short walks to long, demanding all-day walks.

Summits

There are impressive mountain summits everywhere in the Nordfjord area. They offer fantastic views of the fjord landscape. Some of the walks are long and require you to be in good physical shape, while others are easily accessible and more suitable for family walks.

Some recommended walks:

1 Skåla (1,848 m), known as Norway's longest uphill slope. At the top is the distinctive Skåla tower, built in 1891, now a self-service cabin that sleeps 22 run by the Norwegian Trekking Association (DNT).

- **2** Hornindalsrokken (1,529 m), a jagged peak that is a landmark on the border between Nordfjord and the Sunnmøre region.
- **3** Eggenipa (1,338 m), a 'postcard mountain' in Gloppen with a distinctive profile.
- **Trollenyken**, (898 m) an easy but steep walk from Nordfjordeid to panoramic views up on the top.
- 5 Veten (613 m), Måløy's 'town mountain' with views of the sea.
- **6** Hornelen (890 m), the highest sea cliff in Northern Europe, which plunges straight into the Nordfjord.

See also our walking brochure with the 20 best walks in Nordfjord. Each of these walks is guaranteed to provide a magical experience – either on high summits that will take your breath away, along the exotic coast or on historic roads. Taken together, these walks represent the diversity and the very best walks in Nordfjord. You get to combine spectacular nature experiences with history, culture, fauna and flora. Nordfjord is a bit of Norway in miniature. It has both white sandy beaches and high alpine mountains surrounded by glaciers.

Nature and culture trails

Nature trails in Jostedalsbreen National Park. Ten nature trails in the inner part of Nordfjord, with separate information booklets. Each trail teaches you about the local flora and fauna, glaciers, salmon fishing, the historical landscape and old highways and byways. The booklets can be purchased at the Tourist Information Office in Stryn.



3 Culture trail at Ulvedal, Stryn. Circular walk of about 2.5 km through gentle woodland that includes many of the cultural history attractions in Ulvedal.

Q Culture trails in Randabygda, Stryn. Rand school/Bakkesvadet – Tvinnefossen waterfall (25 min.). Circular walk. Hammerstunet – Tvinna (60-70 min.), Hammerstunet – Tvinnekråa (20 min.). Information boards at each attraction.

(b) Historical walk in Bødal, Lodalen, Stryn. Path between the farms that were struck by the tidal wave following the rockslides from Mount Ramnefjell in 1905 and 1936. Separate information booklet.

1 The North Sea Trail, Vågsøy. Marked walking trail from Vågsberget to the Kannesteinen rock, part of the North Sea Trail. Contact Vågsberget for more information. Tel. +47 905 45 029

Trondheim Post Road. Part of the historic Trondheim Post Road passes through the inner part of Nordfjord. Follow the restored sections from Utvik, over the fjord to Faleide, on to Markane, across Kjøsahalsen hill to Grodås in the centre of Hornindal. The road was the first land connection between Bergen and Trondheim.

Mountain farm visits

The summer pasture farms in Nordfjord are both attractive destinations and unique cultural heritage sites. Running summer pasture farms is a long-standing tradition in Norway. The farmers started using summer pastures because of a lack of grazing around their farms, which meant that they had to use outlying grazing further afield. Not many of the summer pasture farms are in use today, but the small farmhouses are often well preserved,

and the pastures are a unique cultural landscape and a reminder of the days when summer pasture farms were common. 13 At Gjengedalsstølen in Hyen, there is still an active summer pasture farm that produces milk. Boat hire and the traditional 'rømmeask' (a local sour cream speciality) available on request, tel. +47 917 20 950. Summer pasture farm with lots of goats at 44 Myklandsstølen in Kandal in Gloppen municipality. Tel. +47 57 86 75 26. In the Erdalen valley in Stryn, you can visit **15** Vetledalsetra summer pasture farm where Indre Nordfjord trekking association runs a selfservice cabin. Right at the edge of the lake in the Lodalen valley, you pass **6** Breng summer pasture farm, a photographers' favourite with its green lake, steep mountainsides and the glacier arms innermost in the valley. These are just a few examples - you will find summer pasture farms in all the valleys in Nordfjord. You can drive all the way (usually on a toll road) to some of them, others you have to walk to. Take your lunch break in a rural idyll, in a cultural landscape rich in tradition and history, and dream of a time of dairy maids, hard toil but also fiddle players, dancing and fun.

Glacier walks

Experience the blue ice up close on a guided glacier walk. A magical adventure you simply have to try. The glaciers consist of ice that is in constant movement. Show respect for the forces of nature! If you know too little about glaciers yourself, there are many experienced glacier guides ready to take you on a walk on the ice. Briksdal Adventure, tel. +47 57 87 68 00, www.briksdaladventure. no. Ad.p. 40

Nordfjord Adventure, tel. +47 57 86 80 40, www.gloppefjord.no

Maps and marked walking trails

More and more walking trails in Nordfjord are marked according to national standards (level of difficulty: green, blue, red and black). Two networks of trails are also marked: That Harpefossen (Eid) and 18 Turløyper Stryn. In addition to maps covering the whole country, good walking maps are available for the Stryn,

Eid and Gloppen areas. The maps have marked trails and text describing each walk. The walks vary in length and degree of difficulty. The maps can be purchased at the tourist information offices in Nordfjord.

www.nordfjord.no/walking

Guided hikes

Do you want to learn about nature, history, outdoor pursuits, local traditions and other interesting topics in addition to nature experiences? Are you unsure whether you have enough know-how to stay safe in the great outdoors? In that case, we recommend that you hire a guide. Several activity enterprises in Nordfjord offer guided walks. For more information about the services offered by each enterprise, go to www.nordfjord.no/walking

Stadt Naturguiding. Guided walks along the coast, culture history walks, including to Selje Monastery. Tel. +47 57 85 72 18, www. stadtnaturguiding.no

Norway AdvenTURes. Ocean rafting, ocean kayaking trips and courses, sailing trips, guided walks, climbing/abseiling, deep sea fishing and freshwater fishing, activity camps, wilderness camps. Tel. +47 994 04 207, www.norway-adventures.com

Nordfjord Adventure. Summit trips, glacier walks, kayaking. Tel. +47 57 86 80 40, www.gloppefjord.no

Uteguiden AS. Summit trips, off-piste skiing, climbing, off-road biking, avalanche courses.

Tel. +47 405 54 670, www.uteguiden.com

Briksdal Adventure. Glacier walks, glacier safaris, RIB rafting, mountain walks. Tel. +47 57 87 68 00, www.briksdaladventure.no Jostedalsbreen National Park Centre. Walks on nature and culture trails in Stryn. Tel. +47 57 87 72 00, www.jostedalsbre.no Loen Active. Guided walks in Loen. Via Ferrata.

Tel. +47 57 87 58 00, www.loenactive.no







OUTDOOR ADVENTURES

In Nordfjord, you will find your own natural playground. If you have planned a week's holiday, you will change it to two when you see the range of activities you can choose from. Imagine gliding across a quiet, clear lake in a kayak, throwing your fishing line into the sea, cycling between fjords, mountains and glaciers, or maybe getting your adrenaline pumping with some rafting, a via ferrata, off-road biking or a helicopter ride. All this and more is available in Nordfjord. Visit the websites to find more information and let the images inspire you. Also remember that you will find a complete list of activity enterprises with email addresses and phone numbers at the back of this guide.

Surfing

At Stad, you will find perfect surfing conditions, with big waves and white sandy beaches, and with steep mountainsides creating a perfect backdrop. Maybe the word surfing sets you thinking about palm trees and tropical temperatures in southern climes. Surfing in the beautiful coastal landscape at Stad is at least as exotic. These fantastic beaches have long been hidden surfing gems, but more and more people have now discovered the joy of surfing out here at the ocean's edge. The kilometre-long sandy beach at 1 Hoddevik is one of Norway's best and most beautiful surfing spots. Thirty kilometres away is 2 Ervikstranda beach, where there are almost always waves. Be aware of undercurrents and the remains of shipwrecks in Ervik.

3 Stad Surfing. Boards and wet suits for hire.

Tel. +47 57 85 69 44. www.stadsurfing.com

4 Lapoint. Surfing camps, courses, equipment for hire.

Tel. +46 317 61 4870 www.lapoint.se

Cycling

In Nordfjord, you can cycle on old carriage roads with hardly any traffic, on roads that wind their way up valleys, or alongside the ocean under the red evening sun. The roads through this contrasting landscape are suitable for families, but we also have suggestions for those who like more challenging terrain, either on trails in the mountain or forest roads up to summer pasture farms.

Recommended trip: Hellesylt-Vollset-Flofjellet-Flo-Stryn

From Hellesylt, you cycle towards Vollset, where you take the road over **5** Flofjellet mountain, and down to the charming, fruit-growing village of Flo. You then cycle along Oppstrynsvatnet lake and continue on the RV 15 road towards Stryn. The cycling is relatively easy. There are some uphill sections from Hellesylt to Vollset, but the cycling track is good. Flofjellet mountain offers wonderful scenery, with roaring waterfalls and peaceful lakes. You will also pass several idyllic summer pasture farms. The trip takes four to six hours and is about 40 km long. The highest point is 550 m. Want to cycle this route with a guide? Go to www.uteguiden.com

Marked cycling routes in Stryn

6 Marked off-road cycling routes between Stryn Winter Ski Centre and Ullsheim.



Harpefossen Skicentre

7 Downhill cycling. Harpefossen Ski Centre has downhill bikes for hire. Take the ski lift at Furuhogane to the start of the downhill track. Jumps, drops, slopes and bridges mean great challenges for daring and experienced cyclists. The total length of the downhill track is 1,000 metres.

Recreational cycling.

(8) Harpefossen is also a good starting point for cycling trips on a varied network of roads and paths. A great 8-km circular route that passes four summer pasture farms. You can also cycle the old Postal Road in idyllic surroundings from Harpefossen to Bjørkedalen and back, a total distance of 20 km. Season from May to October. www.harpefossen.no

Bike hire

Stryn: Tourist information
Loen: Loen Active, Sande Camping
Hornindal: Raftevolds Hotel, Knausen Hyttegrend
Sandane: Gloppen Camping, Nordfjord Adventure
Byrkjelo: Byrkjelo Camping
Måløy: Vågsøy Adventure
Eid: Harpefossen Skicentre
Selje municipality: Mountain Bikes.

Riding fjord horses

Nordfjord is the realm of the fjord horse. It has been used for farm work for generations and has become a symbol of the villages of

Nordfjord. Nowadays, it is used for riding, drawing carts and buggies and other leisure activities. The fjord horse is like the people of Nordfjord: hard-working, good-natured and reliable. Seeing the landscape on horseback is a fantastic experience that you simply have to try!

- **9** The Norwegian Fjord Horse Centre, Nordfjordeid, Eid municipality. National centre for the breeding and use of the fjord horse. Riding camps, riding and horse-drawn trips. Mountain trips, day trips or two to three-hour trips. Tel. +47 57 86 48 00.
- Harpefossen Skicentre: Offers fjord horse riding 5 July 16 August. www.harpefossen.no
- (1) Stall Rygg stable at Sandane offers horse-riding and carriage rides for the whole family all year. Trips tailored to your wishes and abilities. Also offers riding weekends with accommodation in traditional summer pasture farm buildings. www.stallrygg.no

Bathing on white sandy beaches

Along the coast of Nordfjord, you can wander barefoot on white, soft sandy beaches. You find them in sheltered bays where the waves come rolling in from the mighty ocean. Some of the beaches have also become popular with surfers from Norway and abroad. The biggest, most beautiful sandy beaches are:

Refviksanden, approx. 10 km from Måløy. One of Norway's best sandy beaches. Public campsite with toilet facilities and shower. Facilities for camping, caravans and camper vans.

- **13** Erviksanden, Stadlandet. Public toilet/changing room.
- Hoddeviksanden, Stadlandet. New public toilet/changing room.
- Seljesanden, right next to the centre of Selje.

Rib-rafting and river rafting

6 Briksdal Adventure, RIB rafting on the Nordfjord. Tel. +47 57 87 68 05. Ad.p. 40.

7 Vågsøy Adventure, Ocean rafting in RIB boats. Tel. +47 920 23 853.

13 Jølster Rafting, Rafting in the Stardalselva river and Jølstra. Tel. +47 900 67 070. Ad.p. 31.

Norway AdvenTURes, Ocean rafting. Tel. +47 994 04 207.

10 LS Adventure Stryn. Rafting in the Hjelledøla river, Stryn. Tel. +47 472 61 672.

Guided kayaking trips

Norway AdvenTURes, tel. +47 994 04 207.

22 Nordfjord Adventure, tel. +47 57 86 80 40

Glacier safari

Briksdal Adventure. Safari in rafting boats on the lake in front of the Briksdal Glacier. For the whole family. Min. 3 pers. Tel. +47 57 87 68 00. Ad.p. 40

Boat trips

MB Kjendal, Lovatn Lake. May – September. Groups by arrangement. post@kjenndalstova.no. Ad.p. 30

MB Olden, Oldevatnet Lake. May - October. Offers drinks and meals by request. Groups by arrangement, tel +47 901 22 389.

Westkapp Båtservice (The Monastery Boat), Selje. Guided tours to the monastery on Selja Island. May – September. Tel. +47 57 85 66 06. Ad.p. 31

Skarstein Fjordcruise (Isabella), Olden. Boat trips on the fjord. Fishing equipment on board. Min. 3 pers. Tel. +47 913 51 042. Ad. p. 31

Sailing

Briksdal Adventure. Sailing on the Nordfjord. Tel. +47 57 87 68 05. Ad.p. 40.

Norway AdvenTURes. Historic wooden boat (gavlbåt) for up to 10 people. Tel. +47 994 04 207.

Boat, canoe and kayak hire

Gloppen: Gloppen Camping. Boat on Breimsvatnet lake or on the sea.

Kvitfella Feriehytter (holiday cabins). 16-foot boat with 25 hp. Nordfjord Adventure. Kayaking, canoeing, sailing boat (Colin Archer) and wooden boat.

Eid: Nesjartun Camping. Motor boats, rowing boats and pedal boat for hire.

Hornindal: Raftevolds Hotel. Rowing boats.

Stryn: Strynsvatn Camping, boat and canoe for hire. Loenvatn Feriesenter. Motor and rowing boats and canoes. Fishing equipment for hire.

Sande Camping: Rowing boat, motor boat, canoe, pedal boat. Loen Active. Rowing and pedal boats. Nordfjord Fritidssenter. Canoe and kayaks.

Vollsnes Feriehus. Motor and rowing boats.

Vågsøy: Steinvik Camping. 16-foot boats with 10-HP outboard motors, and kayaks.

Selje: Rundereim Hytter og Rorbu. Boat hire. Selje municipality. Kayak hire.

Nordfjord: Norway AdvenTURes. Ocean kayaks (12), two canoes and a 40-hp boat.

Fishing - fjord, sea and inland

Fishing in the sea is free for everyone. The best sea angling is at the coast, and you can make good catches both from land and from a boat. You need a fishing permit to fish in freshwater. You can buy fishing permits at sports shops, many campsites and some hotels. In some places, there are self-service machines beside rivers and lakes. Free fishing in Lovatnet lake. For rules and more information about fishing in Nordfjord, go to www.nordfjord.no/fishing

Skarstein Fjordcruise. Boat trips on the fjord. Tel. +47 913 51 042. Ad.p. 31.

3) Norway AdvenTURes. Sea- and freshwaterfishing. Tel. +47 994 04 207.

For boat hire see page 12.

Helicopter sightseeing

Enjoy fjords, mountains and glaciers from the air.

Fjord Helikopter. Groups and individuals. Base in Stryn, Geiranger and Ålesund. www.fjordhelikopter.no.

Nord Helikopter. Groups and individuals. Based in Ålesund, the company covers the whole country. www.nordhelikopter.no

Climbing and bouldering

② Via Ferrata Loen, a climbing route from Loen to the summit of Mount Hoven (1,010 m).

33 Beachen in Stryn, 7 km from the centre of Stryn, 5 km from Loen. More than 30 routes. One

of the best sports crags in the country. www.klatre.com

Melkevoll Bretun in Oldedalen valley, Stryn. About 100 boulder problems, all numbered and graded according to degree of difficulty. Ad. p. 33.

For guiding/courses, contact:

Uteguiden AS, climbing, mountain walks with climbing. Tel. +47 405 54 670. Ad.p. 30.

Nordfjord Adventure, Gloppen. Climbing courses. Tel. +47 57 86 80 40.

Norway AdvenTURes. Abseiling. Tel. +47 994 04 207. Loen Active. Via Ferrata Loen. Tel. +47 57 87 58 00.

Scuba diving

The Nordfjord coast is a paradise for diving enthusiasts. Countless boats have gone to a watery grave in the treacherous waters at Stad, but few have been discovered or explored by divers. Maybe you will be lucky and find a new wreck? There is rich vegetation with kelp forests, caves and interesting rock formations. There are also lots of fish and shellfish in the area. \$\mathbf{9}\$ West Dykkerservice

organizes diving trips at weekends and on request. Equipment for hire. Guided trips, air etc. Based in Måløy. Tel. +47 901 52 088. www.dykkerservice.net

Ægir Diving Club, Selje. Tel. +47 976 54 327. www.aegir.no

Golf

37 Sandane Golf Course, Gloppen. 9-hole course in beautiful surroundings by Eidsfossen waterfall.

Tel. +47 992 65 594, www.sandanegolf.no

3 Stokkenes Golf Course, Eid. 9-hole. The golf course has a dramatic setting, surrounded by the Eidselva river which is rich in fish. It is one of the most beautiful outdoor facilities in Eid for activities and recreation. Why not combine a round of golf with some salmon fishing? Tel. +47 481 12 260, www.norgolf.com

59 Selje Golf Course, 500m from the centre of Selje. 9-hole course. Ramp. Equipment can be hired.

Tel. +47 57 85 95 91, www.seljegolfklubb.no

Skating

Stryn: Skatepark by **40** Stryn stadium and ramp at **41** Folven Camping.

Hornindal, Grodås: Activity park.

Motorcross

Stryn: Modern motocross track. A 950-metre long motorcross track for motorcross bikes, four-wheelers (ATVs) and snowmobiles. www.strynmx.no

Sand volleyball

Stryn: Strynsvatn Camping, step centre of Stryn, stadium at Hjelle, Loen.

Hornindal: 48 Centre of Grodås.

Vågsøy: 49 At the school in Vågsvåg. Sand volleyball court and local community facilities.

Activities for groups and companies

Many companies in the Nordfjord offers guided tours and organize activities for small and large groups. For full list see page 28

Indoor activities

Should you be unlucky and visit on a day when the weather is bad, there is no reason to just sit around doing nothing. In Nordfjord, there are plenty of activities you can try indoors while you wait for the sun to come back. Here are some suggestions.

Spa & bath

Alexandra Bath & Spa, Loen. Spa and and countless other treatments, and a huge swimming/

baths complex. Open all year. Tel +47 57 87 50 00. Ad. p. 34.

6 Selje Spa Thalasso, Selje. Treatment and wellbeing, including thalassotherapy, aromatherapy and reflexology. Open all year. Tel. +47 57 85 88 80. Ad. p. 38.

Nordfjord Hotel Badehuset, Nordfjordeid. Spa with treatments, saunas, Turkish steam room, therapeutic pools etc. Tel. +47 57 86 33 33.

Swimming pools

Sandane - Trivselshagen. New indoor swimming pool 2012, 12 x 25 m pool, slide and heated children`s pool.

54 Stryn – Indoor swimming pool, 12 x 25 m pool, slide and heated children`s pool.

Bowling

Tenpin bowling centre in Måløy. Food and refreshments available. Open daily.

Physical activities and sports

The Nordfjord Sports hall, Deknepollen, Vågsøy. Football and multi-use hall with climbing wall and shooting gallery. Open football pitch and exercise room. Opening hours: Mon.–Fri. 10.00 -15.00 Tel +47 57 85 36 90.

Aktiv Trening, Eid. Fitness Centre. Tel. +47 400 38 065. Strynehallen Sports hall, Stryn. Handball, squash, trampoline, climbing wall, tennis, volleyball, badminton, basketball and table tennis. Groups by arrangement. Tel. +47 57 87 11 50 Honndalshallen Sports hall, Hornindal. New autumn 2012.

Honndalshallen Sports hall, Hornindal. New autumn 2012 Tel. +47 950 16 464.

Oppstryn Idrettshus, Hjelle, Stryn. Fitness Centre. Groups on request during the summer months. Tel. +47 482 34 863 Studio Basis, Stryn. Fitness Centre. Tlf. +47 902 02 043.



CULTURE

Nordfjord has a rich and diverse cultural scene, with long-standing traditions in folk music, visual art, and arts and crafts. You will find unique cultural heritage sites such as Selje Monastery and the Viking graves at Nordfjordeid. At the same time, you will also find a very active, modern cultural scene, including highlights such as Opera Nordfjord, Malakoff Rock Festival and the Norwegian Country Festival.

Selje Monastery

On the island of Selja, 15 minutes by boat from Selje, lie the ruins of Selje Monastery. The monastery tower is intact. The monastery was built by Benedictine monks in the early 12th century. The legend of Saint Sunniva, who died a martyr's death here, lives on. Legend has it that Sunniva, the daughter of an Irish King, fled when Ireland was conquered by pagans and the new king wanted to marry her. She arrived on the island of Selja. St Sunniva cave is where Sunniva died, according to legend. Several Viking graves and the remains of a longhouse from the Iron Age have also been discovered on the island. Marked pilgrimage path from Bø to Selje Monastery. Tel. +47 57 85 66 06. Ad.p. 31.

Please note! Camping is prohibited in the monastery area. Guided tours by boat from the centre of Selje during summer.

In search of the Vikings

Many archaeological finds from the Viking era have been made in Nordfjord. Here are a few examples. For more detailed information, go to www.nordfjordhistorie.no.

The Myklebust ship, Nordfjordeid. In the burial mounds at Myklebust, traces have been found of a 25-metre-long ship, which makes it the biggest Viking ship ever found in Norway. 2 Information boards in Eidsgata.

Karnilshaugen, Sandane. The biggest burial mound in Western Norway.

Female grave at Sandal in Myklebustdalen valley, Gloppen. Finds include amethyst from the Middle East, parts of a Frankish funnel-shaped glass and a bronze clasp that probably comes from an Irish reliquary.

Grave and stone cross in Loen. An unburned female grave from the early Iron Age. A Celtic stone cross in the churchyard.

Dragseidet, Selje. When the weather was too poor for the Vikings to sail around the Stad peninsula, they hauled their boats across the 240-metre high Dragseidet. On the King's mound on top of the isthmus, Olav Tryggvasson converted four counties to Christianity in 997.

Burial mounds in Refvik, Vågsøy. Several burial mounds from the late Iron Age. An unburned male grave from the Viking era. **Runestone on the island of Barmen,** Selje. Runes were used as a written language from the start of the Christian era.

Opera, rock and country

Nordfjord has developed a reputation as a cultural region with the will and ability to think big, and succeed! Nordfjordeid even has its own opera house. Some of the biggest events are mentioned here. For further information, see the list of events at www.nordfjord.no

3 Opera Nordfjord, Nordfjordeid. Annual opera production in



October. Opera gala every spring and an Opera Workshop with international directors during summer. Concerts, shows, theatre performances etc. the rest of the year. www.operahuset.no

Malakoff Rock Festival, Nordfjordeid. Started as a student business ten years ago and has since established a reputation as one of the best festivals in the country. Voted Festival of the Year in both 2004 and 2005 by the Association of Live Music Promoters Norway. www.malakoff.no

The Norwegian Country Festival, Byrkjelo. Status as a 'hub festival' for country music in Norway. www.norskcountrytreff.no

Museums, galleries and visitor centres

- 4 Jostedalsbreen National Park Centre, Oppstryn, Stryn.

 Museum with film, exhibitions and a unique wild-flower garden. Film screened in a separate cinema auditorium. Exhibitions of landscape models, collection of minerals and a geological park, with the county stones from all the Norwegian counties. Authorised National Park Centre. Ad. p. 30.
- **S** Nordfjord Folkemuseum, Sandane, Gloppen. The museum has 45 preserved buildings of which many are furnished in the manner from when they were still in use. Most of the buildings date from the 17- 1800 c. There is a permanent cultural-historical exhibition and also guest exhibitions. Simple café. The 60 foot long sea vessel, Holvikjekta, is the last of the traditional passenger/ freight boats that sailed the coastline and fjord in the previous century. It is located outside of the town centre on main road E-39. Information board on site. Ad. p. 30.
- 6 Anders Svor Museum, Hornindal. The renowned sculptor Anders Svor (1864–1929) has his own museum in his home village of Hornindal. There, you can admire most of his production, 450 sculptures in all.

- **7** Singerheimen, Olden, Stryn. William Henry Singer (1868-1943) from Pittsburg USA, lived and worked in Singerheimen. They are buried in a private chapel beside the studio. Singer was a man of the world and an impressionist artist and in Olden he was the painter of «peace and atmosphere ». In the studio you will see some of his finest works of art. Ad.p. 30
- **3** The farm museum at Nedrebergtunet, Stryn. Farm museum with a unique exhibition featuring the life of women on a 19th century farm. The exhibits include many textiles, about 80 woven wall-hangings/rugs, bed linen and clothing, tableware and everyday articles made of wood. Most of the items come from the farm and belonged to the Nedreberg family. Tel. +47 480 38 007.
- **9** Galleri Myr, Stryn. Art gallery in the centre of Stryn. The gallery opened in 2011 with the goal of creating an arena where artists from the region and others could exhibit their work locally.
- **(i)** Orheimstunet, Stårheim, Eid. Private collection in memory of the blind author and Preacher Matias Orheim. Tel +47 57 86 22 92.
- 11 Old Bank Culture Centre, Eid. Here, you can see and buy art by many different artists. Regular concerts by the pupils of the culture school. Tourist Information Office. The building dates from 1881.
- **@** Galleri Salen in Doktorgarden culture centre. Gallery in the centre of Selje. Open during summer.
- Vågsberget trading station, Vågsøy. Old Inn and Trading Station from 1636, when licensed tradesman Didrik Fester came from Bergen to Vågsberget to trade. The trading and the inn probably existed even before Fester came, and the trading station at Vågsberget has changed owners several times through its history. Open during the summer season with café, art exhibition and guided tours. Exhibition of old fishing boats and equipment. Under restoration. For opening hours call tel. +47 905 45 029 or contact the tourist information office.

- **Gallery Amdam** The gallery by the ocean, Selje. 2 km from the centre of Selje. Kjell Stig Amdam. Tel +47 57 85 66 56.
- (B) Hagevik Tøndefabrik, Vågsøy. A barrel-making factory that is more than a hundred years old. The only one in the country to be listed by the Directorate for Cultural Heritage in Norway. The factory produced barrels for salting fish during the boom years for the fisheries industry. Guided tours on request.

Farm visits

- **6** Sandal rural tourism in the Myklebustdalen valley, Gloppen. Farm visits can be arranged. Fishing permit and rowing boat hire at Sandalsvatnet lake. Holiday house. Handicrafts for sale. Ad.p. 36.
- **7** Aabrekk farm in the Oldedalen valley, Stryn. 'Lykle' farm fare. Accommodation. Caters to groups. Ad.p. 33.
- **18** Nedrebergtunet, Stryn. Farm museum. Accommodation.

Lighthouses

the lighthouses in Vågsøy are situated on steep reefs and crags, with the roaring sea as the nearest neighbour. They were built there to guide ships safely to the harbour. The lighthouses have been well looked after and are now popular tourist destinations.

- **19** Kråkenes The Storm lighthouse Beautiful view towards Stadhavet, the westernmost sea of Norway. Road access. The lighthouse lies on the northern-most and most exposed spot on the island. Standing a safe distance from the waves on a stormy day, studying the sea is a fantastic experience. Accommodation. Ad. p. 37.
- **10 Ulvesund The Culture lighthouse** Lies at Hjertnes on the mainland just above Raudeberg. County road to Osmundsvåg. Accommodation. Good parking. Easily accessible by road or by boat. Café, courses, culture. Ad. p. 37.
- 2) Skongenes The Walkers lighthouse One hour walk from Halsør in easy hiking terrain. Beautiful view towards Stadhavet. Ytre Nordfjord Turlag, which is affiliated to the Norwegian Mountain touring Association (DNT), has the use of this lighthouse and it offers overnight accommodation and day visits. No road access. Ad. p. 37.

War memorial

during the Second World War many events took place in Nordfjord, which are now mentioned in our history books. The most famous event is which took place on Boxing Day in 1941. Captain Martin Linge and his company attacked the German positions in Måløy, Vågsøy. The Måløy Raid actually influenced Hitler's military strategy later on. At Moldøen, there are still ruins of the canon positions used during World War II

At Sandsstøylen in Gloppen you fill find **Russehola** (The Russians' cave). Used as a hiding place for a group of Russians during the Second World War. A dramatic memorial from the war years. **Eksersisplassen at Nordfjordeid** (locally referred to as "Plassen") was founded in 1649, as a military training ground for Eid and Hornindal, and is the oldest one in the country. In recent years Plassen has been freshened up, and is a pleasant park area. All the buildings from the end of the 18th century have been restored, and an amphitheatre has been built from natural stone, which seats around 500 people.

Churches

- **Old Gimmestad Church, Sandane.** Built in 1692 and is a good example of Norwegian church architecture from the time after the Reformation. Around 1720 it was painted with a red base colour and decorated with flower motifs. The ceiling was painted blue and decorated with numerous stars. Information board on site. Guided tours Tuesday, Thursday and Friday in July.Time: 15 17. Price: Adults NOK 40. Children NOK 20. It is also possible to arrange tours outside of opening hours.Tel +47 911 07 329.
- Wereide Church, Gloppen. Roadside church, most certainly built in the 10th century. Information board on site. Art exhibition in the church for the most part of the summer. Open for guided tours in July. Free admission.
- **20** Loen Church, Loen, Stryn. Built in 1837, but on the same spot there was previously a stave church dating back as early as 1360. There is a thousand-year Celtic stone cross by the church. This is one of the oldest Christian monuments in the country. The church is open all summer.
- ② Olden Old Church, Olden. The only crosschurch in Nordfjord, was built in 1759. Excavations under the floor, show that a stave church was once located in the same place, and coins, amongst other things, from the 13th century have been found. The old stave church was demolished in 1746, and a timber church was constructed. This church was destroyed during a heavy storm in 1757.
- **Eid Church, Nordfjordeid.** Built in 1849 and restored in 1915. The church is open from 10 am until 10 pm during the summer.
- Stårheim Church, Eid. From 1864. Just beside the church is a roughly cut stone monument of the Bagler bishop, Nikolaus Arneson, and in the churchyard there is a stone commemorating the blind psalmist Matias Orheim.
- **&** Kapellneset in Raudeberg. This was where the first church on Vågsøy was built in 1580. This church was used until 1854, when a new, larger church was built at Røysa in Raudeberg. The bell tower at Kapellneset was built in 1944 in memory of this church site. The bells and stone door slabs have been preserved from the old church.
- **②** Ervik church, Selje. Built in memory of the coastal steamer «St. Svithun» which sank here in 1943. Roadside church.
- **Selje church, Selje.** Inaugurated in 1866 and was, in its time, one of the largest country churches in the Bjørgvin diocese.

Some of the churches are open during summer. Contact the tourist information office for more information.

Food pleasures

agriculture and fishing are part of the fabric of Nordfjord, and these industries still have a strong position in the region. This is manifested in the delicious meat and fish dishes, accompanied by the season's forest and mountain berries, and Norwegian fruit. Gloppen Hotel at Sandane has made locally sourced, high-quality cuisine its trademark. It has its own production kitchen where they take delivery of seasonal produce from regular, local suppliers.

Fish has a central place in the coastal municipalities. A modern fishing fleet and a well-developed fish farming industry go together with world-class processing and export businesses. So, here on the coast, they are proud of the high quality of their fish. If you are looking for a good fishmonger's, stop by <code>Havfruen Fiskebutikk</code> in Måløy. It has a broad selection of fish and shellfish.



SHOPPING

Shopping

Of the clothing that still bears the "Made in Norway" mark, most could be labelled "Made in Nordfjord". Fashion wear from Moods of Norway, Ricco Vero, classic men's suits from Frislid Konfeksjon, shirts from the Uniformspartner Selje shirt factory and leisure wear from Skogstad Sport are all examples of well-known products that have their origin in Nordfjord. Visit the factory outlets and find some really outstanding buys! There are also local artists who make clothes, jewellery etc. of their own design, though on a smaller scale.

Every weekend from June to August, the shops in Nordfjordeid organise a summer shopping event with a Saturday market. Lively atmosphere in the town centre, market stalls, music, great shopping, food, entertainment and fun for the whole family.

Nordfjordeid has its own "Huggers' Corner" in Eidsgata street. Every Saturday during Summer

Shopping there is special "hug offer". Everyone from the mayor to rock groups, circus clowns and the odd blond have made themselves available to the public for a hug.

www.nordfjord.no/shopping

Treasure hunting in Nordfjord

- a selection of exceptional shops

Antikk & Rariteter (Antiques and Curios) at Rygg. The Barn with «Curious Things». One of the country's finest antique shops. See ad page 31.

The shop "Noko anna" is in the Doktorgarden building in the centre of Selje. It has a large range of goods, including books about Western Norway, original souvenirs and crafts. Tel. +47 909 29 771.

"Daiva sin butikk", in the centre of Selje. From toys to beautiful jewlery. Tel. +47 57 86 93 20.

Gamlebutikken (The Old Shop) at Hjelle, Oppstryn. Locally produced art and crafts. Tel. +47 57 87 27 50. www.gamlebutikken.no.

Lysbuda at Skipenes Farm, Nordfjordeid. A small sales outlet has been set up in the old storehouse on the farm, which sells candles, paintings, quilted goods, knitwear, woollen products, homemade soaps, wrought iron etc.

Stryn Gaver og Souvenir, in the centre of Stryn. Souvenir shop. Tel. +47 975 10 262.

Opening hours in the shops in Nordfjord may vary, but they are generally open from 10.00 to 16.30 on weekdays and to approx. 15.00 on Saturdays. Closed Sundays. Most grocery stores/supermarkets are open until 22.00 on weekdays and until 20.00 on Saturdays. Closed Sundays. The grocery stores in Stryn are open on Sundays from 15 May to 15 September.



DO NOT MISS

Popular driving routes

The old Strynefjell Mountain Road (RV258)

National tourist road, built in 1894, that winds over the mountain between Stryn and Skjåk. For many years, the gravel road was the only connection between east and west, and the Norwegian Public Roads Administration has reerected the row of guard stones so that the tourists will feel as though they are travelling on the old road. Do not miss the amazing stone bridge Jol bridge, on your way up the mountain side. Along the national tourist road you'll also find a summer skiing centre, picnic areas and information boards. www.turistveg.no

The Panorama Road (RV 613)

The trip follows the northern side of the fjord through the communities of Blakset, Fjelli, Randabygd/Hopland, Hennebygda and Lote (38 km). Start 6 km from the centre of Stryn. The Panorama road has taken its name from the fantastic views it affords of the fjord. The altitudeabove sea level varies from 0-approx 550 m. Particulary good viewpoints are at Nordsida church, Nos and Kvalen. On the route you can also take in the culture trails at Ulvedal and at Hammer – the Tvinnefoss waterfall, and other historic attractions.

Interesting islands

On the island of Selja, a 15-minute boat ride from the village of Selje, lie the ruins of the 12th century Selje Monastery, one of the best preserved monastery ruins in Norway.

On the idyllic island of Silda, you can walk for hours on car-free roads, perhaps enjoy a swim, and finish off with a bite to eat and 'something on the side' at Skjærbuda restaurant.

The island of Barmen is situated between Selje and Flatraket. Here you can study historic sites, or enjoy some fishing in rivers and lakes that abound in fish. The scenery is magnificent, and the distinctive profile of the mountain is the origin of the name Barmen, which means 'bosom'. Marked walking trails. Many burial mounds and antiquities. Signs of settlement dating all the way back to the Stone Age. Runestone. Area for camper vans and tents.

Rumbling waterfalls

Tvinnefossen waterfall, Nordsida, Stryn. Here you can walk behind the waterfall and see through the cascading waters. Nice view over the Nordfjord.

Glomnesfossen waterfall, Hjelledalen, Stryn. Near the path to Sigdestad, an old farm which lies 280 meters above Strynevatn lake.

Buldrefossen waterfall, Videseter, Stryn. At the start of The Old

Strynefjell mountain road. Here the waters thunder and roar as they dive to the valley below. NB! Parking fee.

Øvstefoss waterfall is located along the RV 15 road at the end of the Hjelledalen valley, about 300 metres before the turn off to Gamle Strynefjellsvegen road. Spectacular view of the magnificent waterfall and the narrow gully through which the river flows.

Kleivafossen waterfall, Briksdalen, Stryn. On the way to the Briksdal Glacier you will pass the Kleivafossen waterfall. One of the most photographed motifs in Norway is the horse and trap on the bridge with this waterfall in the background. Parking fee.

Volefossen waterfall, Briksdalen, Stryn. From the mountain lodge in Briksdalen, you can admire the 300-meter free-fall of Volefossen waterfall. Parking fee.

Ramnefjellsfossen/Utigardsfossen, Lodalen, Stryn. One of the most magnificent waterfalls in the world, placed 11th on the list of the worlds highest waterfalls.

Krunefossen waterfall - Spectacular waterfall. Also on the list of the world `s highest waterfalls.

Eidsfossen waterfall, Sandane, Gloppen. Here is one of the world`s highest salmon stairs. Drive in there from main road E-39. Information board on the site.

Holvikfossen waterfall, Sandane, Gloppen. It is possible to walk up to the waterfall from Kleivedammen pound, or via the toll road from Fiellbygda.

Sandalsfossen and Strupen (820 m), Myklebustdalen Valley, Gloppen. Strupen is placed 10th on the list of the world's highest waterfalls. Under Mt. Snønipa (1827 m.a.s.) you will see this beautiful waterfall.

The cruise ship port in Olden - Nordfjord

Olden is the most important cruise ship destination in the Nordfjord region, and one of the ten most visited cruise ports in Norway. Cruise ships are also welcome in Måløy, Selje, Nordfjordeid and Sandane. All the cruise ship destinations in Nordfjord offer a range of exciting attractions and excursions.



EVENTS 2013

Here you find a list of some of the biggest events in Nordfjord in 2013. For updates and many more events, keep an eye on nordfjord.no/events

Opera

Opera Nordfjord's main production in 2013 will be Die Fledermaus (The Bat) by J Strauss. In parallel, there will be performances of the popular family ballet The Nutcracker by Tchaikovsky. The opera will run from approximately 1 to 13 October 2013. See www.operahuset.no for updated information.

Festivals

The Norwegian Country Festival, Breim, 10–14 July, www.norsk-countrytreff.no

Malakoff Rock Festival, Nordfjordeid, 18–20 July, www.malakoff.no Gloppen Musikkfest, Sandane, 29 Aug.–1 Sept., www.gloppenmusikkfest.no

Glopperock, Sandane, www.glopperock.no Oktoberfest in Stryn, end of September, www.sppc.no Motor Festival, Stryn, 31 May–2 June, www.stryn.no

Uphill races/mountain races/off-road races

Hornindal Rundt – Norway's toughest mountain race, 6–7 July, www.hornindalrundt.no

Mount Skåla 1,848-metre uphill race, Loen, 17 Aug., www.skaala.no Other annual uphill races are 'Eggenipa opp' (Breim), 'Trollenyken Opp' (Nordfjordeid) and 'Veten Opp' (Måløy).

Stadlandet straight west, May, www.stadlandetil.no/rettvest Hornindalsvatnet International Marathon, 27 July, http://home. online.no/~iahaugen/maraton

Other sporting events

Tverrfjelldilten, Ullsheim-Stryn, 16 February, cross-country skiing, 40 km, seeding race for the Birkebeinerrennet ski race. Nibba Ned – Høgenibba mountain telemark skiing race, Hornindal, February, www.nibba.no Holmøyskarrennet, cross-country skiing, 25 km, Palm Sunday, www.holmoyskarrennet.no

Nakkjen Ned (mountain telemark downhill skiing race), Fjelli, Stryn, www.veten.info

Selje Cup, 14–16 June, football tournament, www.seljecup.no Grodås Cup, Hornindal, June, www.grodascup.no

The Panoramic Walk, Nordsida, Stryn, www.nordfjordpanorama.no Flo Activity Week, Stryn, football school, June

Events organised by the business community

Several of the towns in Nordfjord organise summer events/culture days in summer, such as Sommardagane i Utvik, Sandanedagane, Kulturdagane i Hornindal and Måløydagane (www.maloydagane. no). The shops in Nordfjordeid organise a summer shopping event every Saturday in July, with market stalls and activities in the main street, Eidsgata.

The Eidamessa fair at Nordfjordeid and the Strynemessa fair in Stryn take place in the autumn.

Other events

Fjord horse stallion show, Nordfjordeid, early May Dragseidstemnet (outdoor church service), Selje, 1 and 2 June Seljumanna mass at the monastery ruins on Selja, July, www. seljumannamesse.no

For complete list of events: nordfjord.no/events



SKI & WINTER – with fjord view

The scenery of Nordfjord is the most beautiful in Norway, and its majestic mountains and deep fjord are the perfect backdrop to winter experiences. At the coast, winters are often mild with little snow, while further inland it often snows, which means there are many days with powder snow. In Nordfjord, you will find world-class skiing terrain and great ski centres with prepared tracks set in the beautiful and spectacular scenery of Western Norway, often with great views of the fjord. A trip to Nordfjord can be spiced up with summit trips, surfing at Stad, spa and wellbeing treatments, and tasty meals prepared from local ingredients, or you can just enjoy the dramatic winter landscape of the fjords.

Alpepass no - one ski pass - eigth ski centres

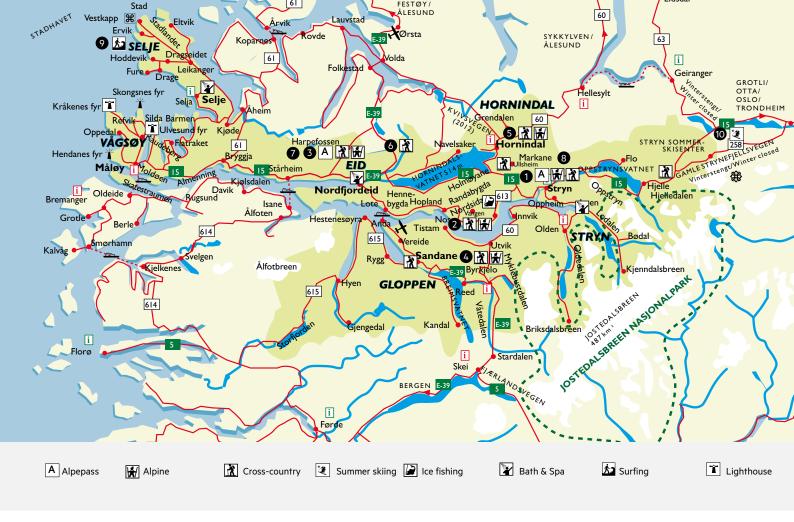
Alpepass is a joint ski lift pass that is valid for eigth selected destinations in Western Norway – two ski centres in Nordfjord and six in Sunnmøre. The pass gives you access to: 32 lifts, over 60 downhill slopes, 800-metres of altitude difference, terrain parks, freeskiing and lots of snow and fun. The Alpepass is valid at the following ski centres: Stryn Vinterski, Harpefossen Skisenter, Strandafjellet Skisenter, Sunnmørsalpane Fjellseter, Ørsta Skisenter, Volda Skisenter, Skisenteret Arena Overøye and Ørskogfjell Skisenter. www.alpepass.no

Winter activities

In the period from November/December to April the snow conditions are normally good in Nordfjord. You can find great ski

centres adapted to your needs. Here follows an overview of the ski centres in Nordfjord.

- Stryn Winter Ski Centre, Stryn. The ski centre is situated 4 km from the centre of Stryn. Very stable snow conditions on the upper slopes throughout the season. Food and refreshments available. In the child-friendly area at the bottom, there is a ski tow for small children and a ski tow for juniors as a well as a sledging slope and various activities. From Ullsheim in Markane or the ski centre in Stryn, you can ski on prepared championship-standard ski tracks through beautiful terrain. Up to 40 km of cross country tracks. Two km of floodlit-cross country tracks. Stryn Winter Ski Centre is also the perfect starting point for summit trips! Alpepass. Tel +47 57 87 11 15. www.strynvinterski.no
- 2 Nordfjord Fritidssenter, Nordsida, Stryn. Cross-country and ski jump. Fine skiing terrain. Rope lift. Tel. +47 57 87 56 50. www.nordfjordfritid.no
- 3 Harpefossen Ski Centre, Harpefossen, Eid. Harpefossen ski centre is an all-round ski centre with a variety of activities for people who enjoy skiing or snowboarding. New service building, plus a new 1,270-metre-long T-bar tow lift, which opens up two new downhill runs. Large ski & play area with different activities, sledging slope and three ski tows for children. The main slope is floodlit. Great opportunities for freeskiing and the mountain lift makes a great starting point for summit trips. Varied cross-country tracks and a two-km floodlit track. Café, ski hire and modern apartments for let.Alpepass. Tel. +47 57 86 25 50. www.harpefossen.no



4 Breimsbygda Ski Centre, Utvikfjellet, Gloppen. This ski centre is located at Mt. Utvikfjellet. Prepared slopes, daytime and evening skiing. Floodlit downhill slopes. Ski &play area and ski tow suitable for the disabled. Several children's ski tows. Mountain lodge serving light refreshments. Even Hole Cup. Helmets must be worn by children up to 12 years of age. Great cross-country terrain and prepared crosscountry and floodlit tracks in the area. Great conditions for freeskiing. Tel +47 57 86 73 68. www.breim.no/ski

5 Hornindal Ski Centre, Grendadalen, Hornindal Five km north of Hornindal/Grodås. Floodlit track for cross-country skiing and ski lift for slalom/ski play. New cafeteria and a new 1,487-metre-long T-bar tow lift. Two prepared 1,600-metre downhill runs. Opens in December 2012. Tel. +47 906 77 225. Website: www.hornindalski.no

6 Tua, Eid. Family-friendly and popular walking/ skiing area both summer and winter. Prepared tracks and cross-country pists throughout the winter. There is also a shooting range at Tua, a floodlit skiing track and a high-standard services building.

Guided summit trips

If you want to try off-piste skiing, Nordfjord has several great summit destinations. Be aware of the risk of avalanches and familiarise yourself with the local conditions. Hiring a guide is recommended.

Norway AdvenTURes and Uteguiden AS offer guided summit trips in Nordfjord.

www.norway-adventures.com

www.uteguiden.com

9 Surfing at stad

Winter means excellent surfing conditions at Stad – one of Norway's best surfing spots! Surfers from all over the world come to Stad. Stad Surfing and Lapoint have equipment for hire, instructors and courses.

www.stadsurfing.com www.lapoint.se

Find out more about winter in Nordfjord at www.skinordfjord.no

Summer skiing

How about a skiing holiday in the middle of summer? Stryn Summer Ski Centre is the best known summer ski centre in Northern Europe, with great conditions throughout the summer. In the eastern part of Stryn municipality, along the fantastic Gamle Strynefjellsvegen (the Old Strynefjell Mountain Road), (built in 1894) you will find Stryn Summer Ski. The ski centre now has new local owners who are going all out all to give visitors the ultimate experience on the summer snow. May – July. Ski hire. www.strynsommerski.no



NORDFJORD FOR CHILDREN

Going on holiday with children? In Nordfjord you will find many offers that are suitable for families. Bring the kids and let them explore nature through exciting activities. Here is some examples for inspiration.

Experience the glaciers – the Briksdalsbreen glacier is a popular destination, and there is a lovely walk up the three-kilometre-long gravel road to the glacier past exciting potholes and grazing animals. Maybe you would enjoy an exciting drive up in the small, open 'Troll' cars? There are lovely walks for families up to the Bødalsbreen and Kjenndalsbreen glaciers in Lodalen – you can easily push a pram on the good path in Kjenndalen valley.

Glacier safari on the Briksdalsbreen glacier

We paddle big inflatable boats between the lumps of ice floating in the water, enabling you to experience the Briksdalsbreen glacier up close. A great experience for the whole family. Minimum age of participants: four years. Safety equipment is included.

Glacier walks

Experience the Bødalsbreen or the Brenndalsbreen glacier up close. Try something completely new and exciting. Take your mother and father on a unique experience on the glacier. All safety equipment is included. Minimum age of participants: eight years.

Via Ferrata

A lofty experience on a safe climbing route from Loen to the summit of Mount Hoven (1,010 m). Minimum age: 12 years.

Riding Fjord horses

Every summer, Norsk Fjordhestsenter at Nordfjordeid offers horse riding trips in the mountains, one-hour and two-hour riding trips, half -day or day trips. Horse riding camps for young people.

Stryn Summer Ski Centre

How about a skiing trip in the middle of summer? Stryn Summer Ski Centre is the best known summer ski centre in Northern Europe, with great conditions throughout the summer. Here, you can try snowboarding, alpine, telemark or cross-country skiing! Open from May to July.

Harpefossen Skicentre

Harpefossen is also a good starting point for cycling trips on a varied network of roads and paths. A great 8-km circular route that passes four summer pasture farms. You can also cycle the old Post Road in idyllic surroundings from Harpefossen to Bjørkedalen and back, a total distance of 20 km. Season from May to October. www.harpefossen.no

Tenpin bowling in Vågsøy

Here, you can celebrate birthdays, have something to eat and drink, bowl, play pool and other fun activities.

Indoor and outdoor swimming

There are beautiful white sandy beaches along the coast of Nordfjord. Take a bucket and spade with you and explore the following sandy beaches in Selje: Seljesanden, Ervik, Hoddevik or Refviksanden in Vågsøy. There are also great spots for swimming along the fjord. Alexandra Bad & Spa and Selje Spa Thalasso have swimming pools and outdoor jacuzzis. Gloppen Camping and Byrkjelo Camping have heated outdoor pools with a sun terrace and play area. Some of the public swimming pools are also open in summer.

Enclosed ball courts, playgrounds, sand volleyball courts and mini golf can be found in the various municipalities in Nordfjord, often in the vicinity of schools.

Stryn Skatepark

There is a skateboard park and great football pitches at Stryn Stadium.

Walking trips

Many child-friendly walking trips and cultural trails in Nordfjord, contact Tourist Information for more information and tips.

Cinema

If it is bucketing down, it might be nice to stay indoors and watch a film. Ask at the Tourist Information Office or look for posters.

See page 20 for more information about winter activities.

For more child-friendly activities and events, see www.nordfjord.no/family



PRACTICAL INFORMATION

Pharmacy

There are pharmacies inn all communities. Contact the tourist information office for further information.

Post offices and banks

There are post offices in every municipality; some have their own premises and some are found in shops. Payment by credit card is accepted at most places. Cashpoints in banks are located in the centres of all the municipalities.

Duty doctor

Stryn +47 57 87 69 90 Hornindal +47 57 87 69 90 Eid +47 57 86 10 00 Gloppen +47 57 88 44 40/57 86 57 00 Selje +47 57 85 61 00 Vågsøy +47 57 85 15 55

Emergency

Fire: Tel. 110 • Police: Tel. 112 • Ambulance: Tel. 113

Veterinary

Stryn +47 992 23 314 Eid +47 57 86 01 01 Hornindal +47 909 38 748

Guideservice

Nordfjord Guideservice. Tel +47 57 87 46 00 Geiranger & Nordfjord Cruise handling. Tel. +47 57 87 74 73, www.geiranger-nordfjord.no Fjord Guides. Tel +47 57 87 64 00, www.fjordguides.no

Climate and weather

Nordfjord, like the rest of western Norway, has a variety of weather conditions. Summers can be warm and nice, with temperatures climbing up to 30 C, but they can also be chilly with temperatures as low as 10 C. In coastal areas winter often comes with relatively warm temperatures and not a lot of snow, while inland areas usually have good snow conditions. Weather reports: yr.no

Concern for the environment

We urge everyone, both visitors and residents, to show concern for nature and the environment. Use bins for rubbish, and the recycling stations located around the area for other waste.

PARKING FOR CAMPER VANS/MOBILE HOMES

We encourage those who travel by mobile home to use the camping and caravan sites in the region rather than the lay-bys for overnight stays. Most camping and caravan sites offer toilets, showers, laundry facilities and waste disposal points.

Travel agents

Måløy Reisebyrå (Bennett and HRG Nordic), Tel.+47 57 85 39 50 Travelnet Fjordane Reisebyrå, Tel. +47 57 72 50 90

Libraries

All municipalities in Nordfjord have a public library, many with Internet access.

Guest marinas

Måløy Guest Marina in Måløy town centre. Tel. +47 57 85 26 20. On Silda. www.silda.com.

Guest marina in Selje centre. Guest marina fee must be paid at the tourist information office by the marina.

Rundereim guest marina, 13 km. from the centre of Selje. Sandane guest marina in the centre of Sandane.

Tel. +47 57 88 38 00

Stryn guest marina is near the centre of Stryn.

Tel. +47 909 68 255.

Alexandra marina, Loen. Tel. +47 57 87 50 00. Olden marina, beside the cruise harbour in Olden.

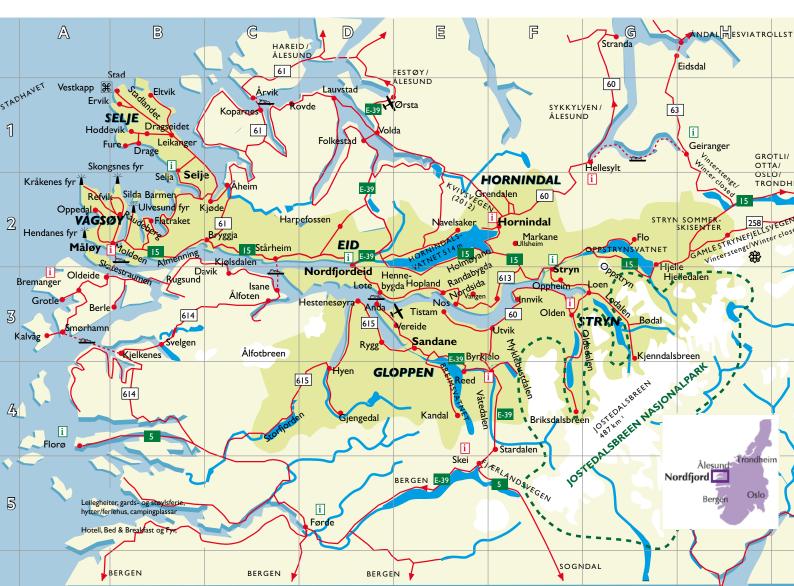
Tel. +47 57 87 25 02

Nordfjordeid guest marina. Tel. +47 908 88 760.

Escort across stad

Norwegian Sea Rescue's escort service holds briefings for leisure boats before they cross Stad. With the relevant rescue boat by 21.00 the day before you wish to take part in a briefing. Our rescue boats hold briefings on board from mid-June to mid-August at the following times: Tuesdays and Fridays at 18.00. RS 'Emmy Dyvi', tel. +47 916 79 612, Måløy.

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		Tel: (+47)	E-mail/Web	Season	L	-		Map	Pag
1	STRYN Hotels/B&B/Youth H	ostels							
/	riksdalsbre Fjellstove 792 Briksdalsbre	57 87 68 00	post@briksdalsbre.no www.briksdalsbre.no	15.4 30.9	16	6	1	F4	4
6	fjelle Hotel og Motel 798 Hjelledalen	57 87 27 50	hotel@hjelle.com www.hjelle.com	3.5 15.9.	60	30		G2	3
6	lotel Alexandra 789 Loen	57 87 50 00	alex@alexandra.no www.alexandra.no	1.1 - 15.12 /27.12 - 31.12	400	200		G3	3
₩ 6	lotel Loenfjord 798 Loen	57 87 57 50	post@loenfjord.no www.loenfjord.no	1.3 8.12.	300	137		G3	3
₩ 6	nnvik Fjordhotell 793 Innvik	57 87 49 90	post@innvikfjordhotell.no www.innvikfjordhotell.no	All year	63	34		F3	
6	oen Pensjonat 798 Loen	57 87 76 24	post@loen-pensjonat.com www-loen-pensjonat.com	Summer	17	10		G3	
6	lordfjord Fritidssenter 795 Blaksæter	57 87 56 50	post@nordfjordfritid.no www.nordfjordfritid.no	All year	45	12	1	E3	
6	ingerheimen 788 Olden	920 84 187	post@singerheimen.no www.singerheimen.no	Summer	27			F3	3
6	tryn Hotel 783 Stryn	57 87 07 00	post@strynhotel.no www.strynhotel.no	All year	130	69		F2	3
	tryn Vertshus 783 Stryn	57 87 05 30	post@strynvertshus.no www.strynvertshus.no	All year	10	5			
_	Cabins/Camping/Hol	•							
	abrekk Gard - Trollbu 791 Oldedalen	913 82 569	post@aabrekkgard.no www.aabrekk.no	All year	22		3/2	F4	
	arneset Gardstun 799 Oppstryn	91 10 12 98	lisbet.aarnes@enivest.net	All year	8		2	G2	
₩		91 10 12 98	lisbet.aarnes@enivest.net	All year	8		2	G2)



		Tel: (+47)	E-mail/Web	Season		•		Мар	Pag
	Alda Camping 6788 Olden	91 30 40 85	alda@aldacamping.com www.aldacamping.com	20.5 31.8.	56		14	F3	
	Anno 1880 6783 Stryn	976 74 119	helroeds@online.no	All year	10		1	F2	
	Briksdalsbre Fjellstove	57 87 68 00	post@briksdalsbre.no						
	6792 Briksdalsbre Fjordblikk Hytter	57 87 34 23	www.briksdalsbre.no halvard.muri@enivest.net	15.4 30.9	16	6	1	F4	
	6788 Olden		www.fjordblikk.no	All year	25		5	F3	
	Flåten Feriehytter 6788 Olden	57 87 59 49	geflaa@online.no	Summer	36		6	F3	
	Folven Camping 6798 Hjelledalen	476 66 900	booking@folven.no www.folven.no	Summer	162		35	G2	
•	Fransøyra Hytteutleige	57 87 65 44	torillha@online.no	Summer	102			G2	
	6797 Utvik Glomnes Feriehytter	57 87 53 51	www.fransoyra.no alf@glomnes.no	All year	12		2	E3	
	6798 Hjelledalen	37 07 33 31	www.glomnes.no	All year	14		2	G2	
	Grande Camping 6799 Oppstryn	971 69 709	post@grandecamping.no www.grandecamping.no	All year			0	G3	
	Grovatunet Feriehus	976 22 123	alvhild@grovatunet.no	7 til year				03	
	6798 Hjelldalen Gryta Camping	57 87 59 50	www.grovatunet.no gryta@gryta.no	All year	16		2	G2	
	6788 Olden	37 07 37 30	www.gryta.no	All year	27		5	F4	
	Hjelledalen Hyttesenter 6798 Hjelledalen	57 87 52 34	so-gjoer@online.no www.hjelledalen.no	All year	60		10	G2	
	Hogrenning Feriehytter	995 13 295	hogrenning.feriehytter@kjenndalstova.no		00				
	6789 Loen Holmevik Camping	57 87 15 01	www.kjenndalstova.no post@holmevik.no	1.5 1.10.	10		2	G3	
•	6783 Stryn		www.holmevik.no	All year	43		10	G2	
Į.	Kleivenes Camping 6783 Stryn	57 87 75 13	camping@kleivenes.no www.kleivenes.no	All year	58		13	F2	
	Lidasanden	911 88 449	post@lidasanden.no						
#	6783 Stryn Loenvatn Feriesenter	57 87 76 55	www.lidasanden.no tor.sande@enivest.net	All year	22		3	G2	
	6789 Loen		www.loenvatn.com	All year	52		12	G3	
	Markane Feriehytter 6783 Stryn	900 24 850	sfbstryn@online.no	All year	18		4	F2	
	Melkevoll Bretun	57 87 38 64	post@melkevoll.no				_		
_	6792 Briksdalsbre Mindresunde Camping	57 87 75 32	www.melkevoll.no post@mindresunde.no	15.4 15.10.	44		7	F4	
₽	6783 Stryn	57.07.70.50	www.mindresunde.no	All year	48		10	G2	
	Muri Feriehytter 6788 Olden	57 87 32 59	dagmur@online.no home.online.no/~dagmur	All year	25		5	F3	
	Myklebust Hytteutleige	57 87 38 36	jenmyk@online.no						
	6791 Oldedalen Nedrebergtunet	480 38 007	home.online.no/~jenmyk torild@nedreberg.no	All year	10		2	F4	
	6783 Stryn	000.7/.077	www.nedreberg.no	All year	9		2	F2	
	Nesset Fjordcamping 6788 Olden	909 36 873	nessetcamping@gmail.com www.nessetfjordcamping.com	1.5 - 30.9				F3	
	Nordfjord Fritidssenter	57 87 56 50	post@nordfjordfritid.no	Allyeer	/ -	12	1	E3	
	6795 Blaksæter Nygård Camping	57 87 52 58	www.nordfjordfritid.no idar_nygaard@hotmail.com	All year	45	IΖ	1	E3	
	6798 Hjelledalen Olden Camping Gytri	57 87 59 34	www.nygaardcamping.com post@oldencamping.com	All year	43		6	G2	
	6788 Olden	37 07 39 34	www.oldencamping.com	All year	12		3	F4	
	Oldevatn Camping 6788 Olden	57 87 59 15	post@oldevatn.no www.oldevatn.com	1.5 30.9.			8	F4	
	PlusCamp Sande Camping	41 66 91 92	post@sande-camping.no						
	6789 Loen Robjørgane Gardshus	57 87 64 14	www.sande-camping.no dholen@online.no	All year	91		17	G3	
	6783 Stryn		www.robjorgane-panorama.no	1.5 21.10.	17		3	F3	
	Roset Panorama 6795 Blaksæter	57 87 56 06	post@rosetpanorama.no www.rosetpanorama.no	All year	21		3	F3	
	Røberg Feriehus og Hytter	900 95 232	hjdispen@roeberg.no						
	6783 Stryn Skule-tunet	993 94 909	www.roeberg.no rumykleb@online.no	All year	30		4	F3	
	6791 Oldedalen			All year	6		1	F4	
	Solbakken Hytte	905 57 915	hans.olav.boe@enivest.net						

		Tel: (+47)	E-mail/Web	Season	K	-		Мар	Pa
	Solberget Feriehytter 6788 Olden	57 87 31 50		All year	37		6	F3	
	Stryn Camping 6783 Stryn	57 87 11 36	post@stryn-camping.no www.stryn-camping.no	All year	104		22	F2	
	Strynsvatn Camping	57 87 75 43	camping@strynsvatn.no						
	6783 Stryn Tjugen Camping	57 87 76 17	www.strynsvatn.no camping@tjugen.no	All year	207		35	G2	
	6789 Loen Ulvedalstunet	915 15 028	www.tjugen.no knut@ulvedal.no	1.5 1.10.	28		6	G3	
	6795 Blaksæter		www.hytte.ulvedal.no	All year	4		1	F3	
	Viking Camping & Kro 6793 Innvik	960 15 735	postmaster@vikingcamping.no www.vikingcamping.no	1.5 30.9.	56		13	F3	
₩	Vollsnes Feriehus 6798 Hjelledalen	400 70 666	post@vollsnes.no www.vollsnes.no	All year	35		5	G2	
	Ytreeide Feriehus	57 87 20 84	ltjen@online.no	,					
	6783 Stryn			Summer	6		1	F2	
	HORNINDAL Hotels/B&B/Youth Ho	stels							
<i>[</i>	Best Western Raftevolds Hote		post@raftevold.no						
	6763 Hornindal		www.raftevold.no	15.1 - 20.12	90	44		F2	
	Cabins/Camping/Holid	•	sy-otter@online.no						
	6763 Hornindal		www.hornindalsrokken.no	Summer			0	F2	
	Knausen Hyttegrend 6763 Hornindal	57 87 96 12	at-tomas@online.no www.knausenhyttegrend.no	All year	30		5	F2	
	FID		, 3	,					
	EID Hotels/B&B/Youth Ho	stels							
	Balsnes Gard 6770 Nordfjordeid	971 49 249	terese@balsnesgard.no www.balsnesgard.no	All year	8	4		D2	
r	Bryggen Hotel Nordfjord	57 86 06 22	post@bryggenhotel.no						
	6770 Nordfjordeid Nordfjord Hotell, Rica Partner	57 86 33 33	www.bryggenhotel.no booking@nordfjord-hotell.no	All year	86	41		D2	
	6770 Nordfjordeid Sentrum Hotell	57 86 23 10	www.nordfjord-hotell.no post@sentrumhotell.no	All year	110	54		D2	
	6771 Nordfjordeid	37 00 23 10	www.sentrumhotell.no	All year	25	10		D2	
	Cabins/Camping/Holio	day homes							
	Alsaker Hytteutleige 6770 Nordfjordeid	57 86 02 09	st@alsakerhytte.no www.alsakerhytte.no	21.6 19.8.	30		6	D2	
	Fjellstrand Appartement	909 23 741	post@visitfjellstrand.no						
	6770 Nordfjordeid Harpefossen Booking	57 86 25 50	visitfjellstrand.no John-willy@harpefossen.no	All year	18		2	C2	
	6770 Nordfjordeid		www.harpefossen.no	All year	70		10	D2	
	Kjørstad Hytteutleige 6770 Nordfjordeid	57 86 23 20	roarkjo@online.no					D2	
	Nesjartun Camping 6770 Nordfjordeid	57 86 27 32	nesjartun@c2i.net www.nesjartun.no		39			D2	
	Norsk Fjordhestsenter	57 86 48 00	fjordhest.senter@c2i.net						
	6770 Nordfjordeid Skipenes Gard	57 86 08 24	www.norsk-fjordhestsenter.no aria@online.no	All year	36		6	D2	
	6770 Nordfjordeid Smørdal Camping	400 51 409	www.skipenes-gard.com bjorgforsell@yahoo.no	All year	15	3	2	D2	
	6770 Nordfjordeid	400 31 409					6	D2	
<i>[</i>	Stokkenes Gjestegard 6770 Nordfjordeid	417 46 500	post@stokkenes-gjestegard.no www.stokkenes-gjestegard.no	All year	29		5	D2	
	Årskogvika Camping	57 86 44 22	camping@arskog.no						
	6778 Lote		www.arskog.no	All year	20		4	D3	
	GLOPPEN Hotels/B&B/Youth Ho	stels							
	Gloppen Hotell	57 86 53 33	post@gloppenhotell.no						
	6823 Sandane Nesholmen Leirstad	57 86 96 54	www.gloppenhotell.no nesholm@frisurf.no	All year	123	64		E3	
	6829 Hyen		www.nesholmen.no		120	20		C4	
	Nordfjord Sommarhotell	57 86 80 40	post@gloppefjord.no						

		Tel: (+47)	E-mail/Web	Season	K	-		Map I	Pac
		10(147)	L many res	ocuson.		٠		, lup	· ug
	Cabins/Camping/Holio	day homes							
	Aud`s Cottages, Sandal	57 86 88 21	post@sandalgard.no						
₽	6826 Byrkjelo		www.sandalgard.no	All year	20		4	F4	
	Byrkjelo Camping	917 36 597	mail@byrkjelo-camping.no	Allyson	40		10	E4	
	6826 Byrkjelo Gloppen Camping &	57 86 62 14	www.byrkjelo-camping.no post@gloppen-camping.no	All year	40		10	⊑4	
F	Fritidssenter, 6823 Sandane	37 00 02 11	www.gloppen-camping.no	All year	95		25	E3	
	Gåsemyr Camping	47 81 85 20	meborgtunet@hotmail.com	,					
	6826 Byrkjelo		gasemyrcamping.page.tl	Summer				E4	
	Kvitfella Feriehytter	57 86 77 74	post@kvitfella.no						
	6823 Sandane		www.kvitfella.no	All year	16		2	D3	
	VÅGSØY								
	Holeis/B&B/ foulli Ho		mala of hast wastern as						
Į.	Best Western Måløy Hotell 6700 Måløy	57 84 94 00	maloy@bestwestern.no www.bestwestern.no/maloy	All year	86	49		A2	
	Kråkenes Fyr	950 23 668	tbickhar@online.no	7 til year	00	77		712	
	6710 Raudeberg		www.krakenesfyr.no	All year	15	6		A2	
	Ulvesund Fyr	57 85 17 77	info@ulvesundfyr.no						
	6718 Deknepollen		www.ulvesundfyr.no	All year	17	5	1	B2	
	Cabins/Camping/Holid	day homes							
	Almenning Camping	57 85 48 50	ralmenn@online.no						
	6713 Almenningen			1.6 1.9.	20		7	B2	
	Nore Fjordsenter	94 78 40 42	post@nore-fjordsenter.com	A II			40	D2	
	6711 Bryggja Sjøhuset på Kulen	922 20 242	www.nore-fjordsenter.com bjornar@maloybygg.no	All year	60		10	B2	
	6718 Deknepollen	722 20 242	Бјогнаг@гнагоу.Будд.но	All year	6		1	A2	
	Skongenes Fyr	938 54 398	b_sk@msn.com	/ 22.	-				
	6700 Måløy		ut.no/hytte/skongenes-fyr	All year	9		1	A2	
	Solheim Fiskeferie	958 61 908	post@solheim-fiskeferie.no						
	6700 Måløy		www.solheim-fiskeferie.no	All year	22		3	A2	
	Steinvik Camping	57 85 10 70	oddbnyg@online.no	Allina	/1		,	DO	
	6718 Deknepollen		www.steinvik-camping.no	All year	41		6	B2	
	SELJE Hotels/B&B/Youth Ho	etala							
	Doktorgarden Selje	909 29 771	anna@selja.no						
	6740 Selje	70727771	www.doktorgarden-selje.no	23.3- 29.9	8	4		B1	
	Selje Hotel/Selje Spa Thal.	57 85 88 80	post@seljehotel.no						
	6740 Selje		www.seljehotel.no	All year	100	49		B1	
	Cabins/Camping/Holid	day homes							
	Vestkapp Camping	57 85 99 50	chapeter@online.no						
	6750 Stadlandet		www.vestkappcamping.com	All year	12		2/2	B1	
	Hanne Bua 6740 Selje	57 85 62 49			12		2	B1	
	Rundereim Hytter og Rorbu	57 85 82 12	post@rundereimhytter.com		12			DI	
	6740 Selje		www.rundereimhytter.com	All year	50		9	B2	
	Selje Camping & Hyttesenter	57 85 62 43	post@seljecamping.no						
	6740 Selje		www.seljecamping.no	All year	32		6	B1	
	Seljevågen Apartement	417 59 292	post@seljevaagen-appartement.com				_		
	6740 Selje	F7.0F.01./F	www.seljevaagen-appartement.com	All year	22		5	B1	
	Vetrhus Feriesenter 6717 Flatraket	57 85 81 45	reidun@seljeneset.no	Allyoar	50		9	רם	
	U/ I/ FIdIIdKEI			All year	50		4	B2	

nordfjord.no/accommodation

ONLINE BOOKING

Go to www.booking.nordfjord.no for online booking of accommodation. Look for the basket symbol. The Tourist Information can also help you make your booking.



Rooms

■ Cabins

■ Online booking

ACTIVITIES/ATTRACTIONS/ TRANSPORT

		Adress	Tel (+47)	E-mail	Web	Page
ACTIVITIES						
Breimsbygda Skisenter	6827	Breim	57 86 73 68	jbflotre@gmail.com	www.breim.no/ski	
Briksdal Adventure	6792	Briksdalsbre	57 87 68 00	post@briksdalsbre.no	www.briksdaladventure.no	30
Fagre Stryn Aktivitetsselskap	6782	Stryn	916 14 100	js@strynaktiv.no	www.stryn.no	3:
Fjord Helikopter	6783	Stryn	974 84 040	post@fjordhelikopter.no	www.fjordhelikopter.no	
Harpefossen Skisenter	6770	Nordfjordeid	57 86 25 50	post@harpefossen.no	www.harpefossen.no	30
Indre Nordfjord Turlag	6781	Stryn		post@turlaget.no	indrenordfjord.turistforeningen.no	
Jølster Rafting	6843	Skei i Jølster	900 67 070	post@jolster-rafting.no	www.jolster-rafting.no	3
Jostedalsbreen Adventure	6799	Oppstryn	57 87 72 00	post@jostedalsbre.no	www.jostedalsbre.no	_
Klosterbåten	6740	Selje	57 85 66 06	post@seljekloster.no	www.seljekloster.no	3
Lapoint Surfcamp	6750	Stadlandet	46317614870	boka@lapoint.se	www.lapoint.no	
Loen Active	6789	Loen	57 87 50 00	erik@alexandra.no	www.loenactive.no	
LS Adventure	2690	Skjåk	472 616 72	post@lsadventure.no	www.lsadventure.no	
MB Kjendal - båttur på Lovatnet	6789	Loen	995 13 295	post@kjenndalstova.no	www.kjenndalstova.no	
MB Olden - Olden Cruise	6788	Olden	901 22 389	post@oldencruise.no	www.oldencruise.no	
Nord Helikopter	6025	Ålesund	958 97 900	post@nordhelikopter.no	www.nordhelikopter.no	
Nordfjord Adventure	6823	Sandane	57 86 80 40	post@gloppegjord.no	www.gloppefjord.no	
Nordfjord Fritidssenter	6795	Blaksæter	57 87 56 50	post@nordfjordfritid.no	www.nordfjordfritid.no	
Norsk Fjordhestsenter	6770	Nordfjordeid	57 86 48 00	fjordhest.senter@c2i.net	www.norsk-fjordhestsenter.no	
Norway AdvenTURes	6730	Davik	994 042 07	· -	www.norway-adventures.com	
Sea Safari	6718	Deknepollen	994 20 203	info@norway-adventures.com	www.seasafari.no	
				post@seasafari.no		7
Skarstein Fjordcruise "Isabella"	6788	Olden	913 51 042	perskarstein@live.com	www.skarstein-fjordcruise.com	3
Stadt Naturguiding	6750	Stadlandet	415 13 473	gretefure@gmail.com	www.stadtnaturguiding.no	
Stad Surfing	6750	Stadlandet	57 85 69 44	torkild@stadsurfing.com	www.stadsurfing.com	
Stall Rygg	6823	Sandane	57 86 55 58	mortenrygg@gmail.com	www.stallrygg.no	
Stryn Sommerski	6783	Stryn	982 66 150	leder@strynsommerski.no	www.strynsommerski.no	
Stryn Vinterski	6782	Stryn	57 87 11 15	post@strynskisenter.no	www.strynvinterski.no	
Uteguiden AS	6783	Stryn	405 54 670	oscarr@uteguiden.com	www.uteguiden.com	30
Vågsøy Adventure	6700	Måløy	920 23 853	thomas@chivas.no	thagenphoto.com/?page_id=85	
ATTRACTIONS/MUSEUM/VISITOR C	ENTRES/	GALLERIES				
Anders Svor Museum	6763	Hornindal	57 87 97 76	post@sfk.museum.no	www.sfk.museum.no	
Galleri MYR	6783	Stryn	413 03 825	post@gallerimyr.com	www.gallerimyr.com	
Jostedalsbreen Nasjonalparksenter	6799	Oppstryn	57 87 72 00	post@jostedalsbre.no	www.jostedalsbre.no	30
Kjenndalstova Restaurant	6789	Loen	918 48 767	post@kjenndalstova.no	www.kjenndalstova.no	30
Nordfjord Folkemuseum	6823	Sandane	57 88 45 40	nfm@misf.museum.no	www.nordfjord.museum.no	30
Operahuset Nordfjord	6770	Nordfjordeid	907 79 933	post@operahuset.no	www.operahuset.no	
Selje Kloster	6740	Selje	57 85 66 06	turistinfo@selje.kommune.no	www.seljekloster.no	3
Singerheimen	6788	Olden	57 87 31 06	post@singerheimen.no	www.singerheimen.no	30
Stryn Gaver og Souvenir	6783	Stryn	61 21 30 54	post@skjakkeramikk.no	3	
Vågsberget Handelsstad	6700	Måløy	905 45 029	ritandal@frisurf.no	www.vaagsberget.no	
Yrineset	6791	Oldedalen	900 55 931	post@yrineset.no	www.yrineset.no	
TRANSPORTATION/GUIDESERVICE						
Fjord Guides	6789	Loen	57 87 64 00	olav@fjordguides.no	www.fjordguides.no	
Geiranger & Nordfjord Cruise Handling	6783	Stryn	913 14 957	post@geiranger-nordfjord.no	www.geiranger-nordfjord.no	
Nettbuss Nordfjord - Ottadalen	6783	Stryn	57 87 46 00	nordfjord-ottadalen@fjord1.no	www.nettbuss.no	
Oldedalen Skyss	6792	Briksdalsbre	57 87 68 05	rogeir@briksdalsbre.no	www.oldedalen-skysslag.com	40

nordfjord.no



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Singerheimen, Olden

- Summer home of the American artist William Henry Singer Jr. and his wife Anna
- Studio with his paintings

Guided tours by appointment

Phone: + 47 920 84 187 www.singerheimen.no





Kjenndalstova Cafè and Restaurant

At the end of Lovatnet lake, 16 km from Loen. Magnificent scenery in serene surroundings, with easy access to Kjenndalsbreen glacier. Tel. +47 905 34 087. Lodalen, NO-6789 Loen. post@kjenndalstova.no www.kjenndalstova.no

Boat trip on Lovatnet Lake (MB Kjendal)

The boat can be chartered for groups, round trip or single trip. Roundtrip from there by coach to the Kjenndalen glacier. Season: May – September. Tel. +47 995 13 295. For a timetable, visit www.kjenndalstova.no www.nordfjord.no Booking: post@kjenndalstova.no



Uteguiden AS guides you to your adventure!

• Glacier-tours • Glacier-courses • Climbing • Hiking-trips

Tel. +47 405 54 670 www.uteguiden.com





Jostedalsbreen **National Park Center**

Panonorama Glacier Film Park with wild Flowers & Rocks. Exhibitions. Cafè. www.jostedalsbre.no Open all year!

Tel. +47 915 80 078





Nordfjord Folkemuseum Museums in Sogn og Fjordane

No-6823 Sandane Tel +47 57 88 45 40 E-mail: nfm@misf.museum.no



- · 45 preserved buildings, from the 18th and 19th centuries.
- Permanent cultural historical exhibition. Guest exhibitions. Simple cafe.

The open air museum is open daily

1 July - 15 Aug. Mon. – Fri. (closed on publ. holidays) 11 am – 3 pm Súndays 16 Aug. - 30 June Mon. - Fri. 11 am - 3 pm

(The outdoor museum is closed during winter). (Open for groups before/after normal opening times). The main building is open all year with different exhibitions and events. Opening times vary.

Price: Adult: NOK 50. 0 - 18 year free. Guided tour for groups NOK 40,- per pers. Must be booked in advance.





THE MONASTERY BOAT

Two-hour guided tour to Selje Monastery. Departure from the centre of Selje. Limited number of passengers per trip. Advisable to book a day ahead.

Regular service to Selje Monastery 2013 Departure: 04.05 - 16.06 and 12.08 - 29.09

Saturday and Sunday: Departure: 10:00 to the Monastery.

Departure: 17.06 - 11.08

Daily departure: 10:00 & 13:15 to the Monastery.

Mon.-Fri. 12:30 to Bø.

Tickets for the trip must be purchased at the tourist information office.

Cash sales only.



Prices 2013:

Adult: NOK 200 per person. Children (Age 4-12 years): NOK 100 per person. Guide at the monastery is included. Contact the tourist information office for trips outside regular services. Groups by arrangement.

Tourist information office:

Tel. +47 57 85 66 06 Fax: +47 57 85 85 01 E-mail:

turistinfo@selje.kommune.no

Vestkapp Boat Service:

Tel. +47 99 04 60 22 www.seljekloster.no



Fishing trip or fjord trip on the

<< lsabella>>

Departure from Olden Marina. Monday – Friday 4 pm and 7.30 pm. For other times, and Saturday and Sunday – Tel. to arrange.

Price: NOK 225,- per person (or by arrangement). 2–3 hours. Fishing equipment included in price. Min. of 3 persons. Max. of 12 persons.

Per S. Skarstein, NO-6788 Olden Tel. + 47 913 51 042 E-post: perskarstein@live.com Tel. + 47 57 87 31 26 (Olden T-info.)

Antique Shop



18th century rustic furniture. Long tables etc. Town furniture. Textiles. Porcelain. Crystal chandeliers and Glass. And thousands of other things.

www.antikk-rariteter.no Sandane tel. +47 918 16 245 Ope man - laur 10 - 17 (14)





Book at wideroe.no





Culture and shopping go hand in hand every Saturday in Nordfjordeid from 22 June - 27 July 2012.

Summer shopping at the Saturday market. A lively atmosphere in the town centre, market stalls, music, great shopping, food, entertainment and fun for the whole family.

E-mail: post@rlbergset.no Tel. +47 959 43 938.



Café and bakery, Stryn Torg

Mon.-Fri. 10:00-18:00. Sat. 10:00-16:00 Bread, traditional 'lefse' pancakes, cakes etc.

Summer café and bakery, Oppstryn

Mid-June – mid-August: 10:00-18:00. Otherwise, open by arrangement. At Jostedalsbreen National Park Centre

Tlf. +47 57 87 72 20 / +47 909 70 834 www.matstova.com



Innvik Gamle Ullvare

One of the few remaining wooden factories in Northern Europe. Weaving workshop. Open workshop that sells textiles, jewellery and other handicrafts. Guided tours of the factory. Art exhibitions.

Innvik Gamle Ullvare NO-6793 Innvik Tel. +47 57 87 41 34. Mobil +47 913 88 594



Pleasant campsite at the foot of mount Skâla/ Skâlatárnet, which is 1,848 metres above sea level. Two km from Hotel Alexandra in the direction of Lodalen / Kjenndalen along the Loelva river. One km to Lovatnet lake and free fishing. Reasonable camp cabins and large Well-equipped cabins (55 square metres). Modern sanitary facilities with washing machine and tumble dryer. Great starting point for walks in the mountains and guided glacier walks. Free wireless internet. Welcome!



Lill Berit and Knut Tjugen, Loen Tel. +47 57 87 76 17 www.tjugen.no



On the water's edge at Nordfjorden, in beautiful, tranquil surroundings, lies Innvik, a small village and parish in the municipality of Stryn, situated on the southern side of Innvikfjorden. Talented craftsmen have left their mark on local culture for generations. The story of Skogstad began here over 70 years ago, in a small barn up in the valley.

Skogstad Sport AS – 6793 Innvik Tlf: 57 87 67 70 firmapost@skogstadsport.no www.skogstadsport.no

SKOGSTAD®





HOW TO FIND SOMETHING NATURAL AND UNTOUCHED?



3 cabins by the Oldenvatnet lake, panoramic view of the Melkevollsbreen glacier. 9 km from the Briksdal glacier. Emptying facility. Nice sanitary facilities. Free boat for our guests. Fishing licence. Play area, trampolines. barbeque hut, traditional Sami tent and outdoor barbeque.

Olden Camping Gytri

NO-6788 Olden

Tel. +47 57 87 59 34 www.oldencamping.com E-mail: post@oldencamping.com



Beautifully located by Strynevatn lake. 10 cabins, some with shower/ WC. Area for tents/caravans/campers. Kiosk and TV lounge. Boat hire. Great fishing.

Holmevik Camping NO-6783 Stryn. Tel.: +47 57 87 15 01 Mob. +47 416 92 277 E-mail: post@holmevik.no www.holmevik.no



- Cabins with shower and WC, kitchen equipment
- Duvets and pillows
- Kiosk, cafeteria, fishing equipment, motor boats, canoes
- Beautiful location by Lovatnet lake, approx. 4 km from Loen
- Welcome!

LOENVATN FERIESENTER

Tel. +47 57 87 76 55 E-mail: tor.sande@enivest.net www.loenvatn.com



4 well equipped, high standard cabins 60-75 m² + veranda with garden furniture. Satellite TV. Wireless internet access. Approx. 1.5 km from centre of Olden. Wonderful view of the Nordfjord. Child-friendly. Open all year.

Fiordblikk Hytter NO-6788 Olden

Tel. +47 57 87 34 23. Mobil +47 930 47 100 E-mail: halvard.muri@enivest.net www.fjordblikk.no

Strynsvatn Camping $\star \star \star \star$ PlusCamp

Charming family-friendly campsite beside the Strynevatnet lake.

- 21 well-equipped cabins with shower, WC, 1-3 bedrooms. - 21 well-equipped cabins with shower, Wt, 1-3 bec some with dishwasher and sauna.
 - 12 camping chalets with two-ring hob, fridge, kitchen equipment, duvets and pillows.
 - 50 caravan and tent pitches with electricity points.
 - Modern sanitary facility, with sauna and solarium.

- Sand volleyball court, trampolines.
- Barbecue pavilion by the lake.

- Wireless internet
 Boats, canoes, fishing permits, swimming.
 Road/path from the campsite to the mountains and glacier.
 12 km to Stryn town centre, 32 km to Stryn Summer
- Ski Centre. Jostedalsbreen National Park Centre, Briksdalsbreen glacier, Kjenndalsbreen glacier, Geiranger

and West Cape GPS: N 61°55.920° E6°55.332°

Meland, NO-6783 Stryn Tel. +47 57 87 75 43 / 47 909 37 121 www.strynsvatn.no E-mail: camping@strynsvatn.no







- Ten cabins, six of which have showers and WCs, three high-standard apartments.
 Sanitary building with laundry room, waste disposal room, kitchen and TV lounge.
 Tent and caravan pitches with 45 electricity supply points.
 Child-friendly play area with trampoline and paddling nood.

- Fishing salmon/trout fishing permit/boathire.
 Free access to wireless internet.

Kleivenes Camping, NAF-Camp * * * *

By RV 15 and Nerfloen (Strynevatnet), 7 km east of Stryn. NO-6783 Stryn Tel. +47 57 87 75 13 / 906 45 091 Fax: +47 57 87 56 79

E-mail: camping@kleivenes.no www.kleivenes.no



- Idyllic, family friendly spot by the Strynevatn lake. Camping cabins and cabins with shower/WC, tent
- and caravan sites. Modern sanitary facilities.
- Fishing on the lake.
- Close to Jostedalsbreen National Park Centre and Stryn Summer Ski Centre.
- Boat and canoe for hire.

Mindresunde Camping

NO-6783 Stryn

Tel. +47 57 87 75 32. Fax +47 57 87 75 40 E-mail: post@mindresunde.no www.mindresunde.no



*

Beautiful location by the Lovatnet lake

Cabins · Apartments · Café · well-stocked kiosk -Boat and canoe hire • free trout $fishing \cdot Mountain \ walks/walks \cdot guided$ glacier walks • Via Ferrata Loen.
• Wireless internet, free • Lovely atmosphere and excellent service.

Welcome!



PlusCamp SANDE CAMPING

NO-6789 LOEN Tel. +47 416 69 192 For more info: www.sande-camping.no E-mail: post@sande-camping.no

Gryta Camping

Located on the shores of Oldenvatn lake, with a breathtaking view of fantastic mountains and glaciers. 12 km from Olden and 10 km from Briksdal Glacier.

5 new cabins with shower, WC and TV. New sanitary facility w/laundry room. Lounge w/kiosk, TV (Astra) and telephone. 80 sites for campers, tents and caravans. 70 power points. Emptying station. Free use of boat for our guests. Sale of fishing licences. Sale of guided mountain and glacier walks. Information on marked paths in the area. Mini zoo. Free internet



Gryta **Camping**

Dagfinn Gytri

NO-6788 Olden Tlf./fax: +47 57 87 59 36 E-mail: gryta@gryta.no www.gryta.no

Welcome!







A camp site with its own style on the border of Jostedalsbreen National Park.

- Holiday cabins
- Camping cabins
- Utelade (a barn which has a large central fireplace) for barbeques and picnics
- Caravan and tent pitches w/electricity
- Sanitary facilities w/sauna
- Kiosk w/Internet and coffee
- Stone Age cave for events and overnight stays
- Good starting-point for hiking. Offers different levels of difficulty, e.g. 45 min. one-way hike to Briksdalsbreen
- Centre for bouldering
- Parking (fee) for day visitors

Melkevoll Bretun

Oldedalen, NO- 6792 Briksdalsbre Tel. +47 57873864/65. Fax. +47 57873890 E-mail: post@melkevoll.no www.melkevoll.no















Member of Norwegian Tourism and Traditional Food (NBG). Farm produce shop.

«Momestova» Well-equipped house for 6 persons. Shower, WC, kitchen with dishwasher. 1 bedroom, plus sleeping arrangement in living room.
Price per night: NOK 700,- (cleaning-fee included)

«Voljastova» Cabin with shower/toilet and kitchen, max 8 persons.
Price per night: NOK 800,- (cleaning-fee included)

«Trollbu» Cabin with shower, WC and mini kitchen, max 4 persons. NOK 700,- (cleaning-fee included)

B & B Double room including breakfast. NOK 600,-Single person NOK 400.-. Extra bed NOK 100.-. Breakfast NOK 65.-(must be ordered). Bed linen and towel rental NOK 90,- per person.

> Sale of farm produce, traditional breakfast fare and coffee served

Trollbu Aabrekk Gard Signe Aabrekk

NO-6791 Oldedalen, 3,5 km from Oldevatnet Tel. +47 57 87 38 38 Mobil +47 913 82 569 Fax +47 57 87 34 96 E-mail: post@aabrekkqard.no www.aabrekkgard.no







HOTEL ALEXANDRA

- 200 comfortable rooms with mini bar, TV, bathroom/shower, bathrobe and slippers
- Restaurant Charlotte has a large Alexandra buffet
- Restaurant Andrine with a la carte
- Markus Café & Bar offers simple light meals
- Alex Dancing with a music host and house orchestra
- Conference premises, in total 1500 m²
- **Alexandra Bath & SPA** well-being through a wide range of treatments. 3700 m2 with indoor and outdoor swimming pools, Jacuzzi, its own children's section and water slide. Café Zandra.
- Exercise room with machines, spinning and tread mill
- Terraces and garden with food and refreshments served outdoors
- Beautiful landscaped grounds with play area, tennis and mini-golf
- Bicycle and boat hire
- Via Ferrata Loen Spectacular climbing route near the hotel

ALEXÁNDRA

Hotel Alexandra
N-6789 LOEN - NORDFJORD
Tel: +47 57 87 50 00
Fax: +47 57 87 50 51
alex@alexandra.no

www.alexandra.no

HOTEL LOENFJORD

- 137 double rooms with bathrooms/shower and TV
- Restaurant Karjolen with buffet
- Fiskekroken Bar with à la carte and light meals
- Outdoor service is available on the terrace
- Large lounges and bar with a dance orchestra, 6 days a week
- Souvenir shop
- Hemsen and Loelva meeting rooms
- Boat harbour and marina
- Bicycle and boat hire
- Fantastic opportunities for outings



Hotel Loenfjord N-6789 LOEN - NORDFJORD Tel: +47 57 87 57 00 Fax: +47 57 87 57 51 post@loenfjord.no

www.loenfjord.no









Hjelledalen Hyttesenter

Situated 16 km from Stryn Summerski, between Folven and Hjelle.
We have eight winter-insulated and wellequipped cabins (for six persons) with kitchen, shower and WC. We also have two houses for let. Within walking distance of a café, pub, shop and petrol station. The cabin centre is situated between Geiranger and the Briksdalsbreen glacier.

NO- 6798 Hjelledalen. Tel. +47 57 87 52 34. Mob.+47 911 85 589 / +47 906 65 482 E-mail: so-gjoer@online.no www.hjelledalen.no



Grande Camping

Idyllic camping site by Oppstrynsvatnet lake. Beach, 70 sites for caravans and camper vans. New sanitary facilities. Good starting point for hikes in beautiful

Erdalen, Sigdestad and Glomsdalen. Visit Stryn Sommerski, Geiranger, Lodalen and Briksdalen. Wireless internet access (free).

Grande Camping, NO-6799 Oppstryn Tel. +47 971 69 709 post@grandecamping.no www.grandecamping.no



• In the centre of Stryn • 69 well-furnished rooms with cable TV • Restaurant, bar and nightclub • Fully licensed

• Fjord Pass discount card • Free wireless internet.



Stryn Hotel

Tel. +47 57 87 07 00 Fax +47 57 87 07 01 E-mail: post@strynhotel.no www.strynhotel.no



- Cabins with TV (6-8 persons)
- Camping chalets (4 persons)
 2 new cabins with shower and WC. (3 persons).
- · Tents and caravans
- Facilities' building with showers/toilets, washing machine/tumble drier, kitchen and TV room
- Kiosk, minigolf, trampolineAll services within walking distance
- · Good starting point for walks, day trips. Fishing in river and fiord
- Two new apartments were completed in 2011.



Stryn Camping

Tel. +47 57 87 11 36 Fax +47 57 87 20 25 post@stryn-camping.no www.stryn-camping.no



Innvik Fjordhotell

"The hotel with the fjord in the garden"

At the centre of all attractions. Pleasant environment, alcohol-free. Child friendly. Good opportunities for walks in the mountains. Newly improved outdoor area, with a beach, hot tubs and beach volley courts. Rowing-boat, bicycles. Sauna and solarium. Conference capacity 90 persons.

> NO-6793 Innvik Tel. +47 57 87 49 90 Fax +47 57 87 49 99 www.innvikfjordhotell.no E-mail: post@innvikfjordhotell.no





Vollsnes Feriehus

Stay at Vollsnes, by the idyllic Strynevatnet lake. Peaceful and child-friendly area. Close to Stryn Summer Ski and Geiranger. Great fishing- and hiking opportunities. Motor boat for hire.



NO-6798 Hjelledalen. Tel.: + 47 400 70 666

post@vollsnes.no www.vollsnes.no



Strynevatnet lake with a view of the Flofjella mountains. Child-friendly farm with animals. Net fishing. Hosts with glacier and mountain experience. 15 km from the centre of Stryn. 25 km from the Stryn Summer Ski Centre.

Aarneset Gardstun

NO-6799 Oppstryn Tel. +47 57 87 75 73. Mob.: +47 911 01 298 E-mail: lisbet.aarnes@enivest.net



Friendly family hotel at the east end of Hornindalsvatnet lake, Europe's deepest lake at 514 m.

·44 rooms with shower/WC and balcony. ·Large dining rooms and lounges ·Large, pretty garden by the lake, ·À la carte menu, café, fully-licensed

·Good starting point for walks, several marked trails. ·Bike and boat rental, fishing in lakes and rivers



NO-6763 Hornindal Tel. +47 57 87 96 05. Fax +47 57 87 96 06 E-mail: post@raftevold.no www.raftevold.no



HOLIDAY CABINS BY LAKE SANDAL

4 distinctive well-equipped holiday cabins, one adapted for wheelchairs, by the Jostedalsbreen National Park. A peaceful place in majestic surroundings. Trout fishing. Boat.

Aud's Cottages Sandal

NO- 6826 Byrkjelo. Tel + 47 57 86 88 21 Mobil: +47 917 30 318 E-mail: post@sandalgard.no www.sandalgard.no



- Well-equipped cabins
- Camping chalets Kiosk Playground
- Heated swimming pool •Trout fishing

Byrkjelo Camping

NO-6826 Byrkjelo. Tel. +47 917 36 597. www.byrkjelo-camping.no





N-6823 Sandane • Tel: (+47) 57 86 53 33 • www.gloppenhotell.no





N0-6823 Sandane Tel: +47 57 86 80 40 www.nordfjordvandrerhjem.no









NO-6770 NORDFJORDEID TEL. +47 57 86 23 10 - FAX +47 57 86 44 18 post@sentrumhotell.no www.sentrumhotell.no



- Large cabins insulated for winter use.
 Living room with kitchen area. Sleep 5.
 Shower and WC. Satellite TV.
- The cabins are near the sea and you can hire a boat.
- · Good walking/skiing terrain.
- 7,5 km from the centre of Eid.
- Wireless Internet

Årskogvika Camping

NO-6778 Lote. Tel. +47 57 86 44 22 www.arskog.no E-mail: camping@arskog.no

Gloppen Camping

- 19 cabins
- 100 caravan places with electricity
- · good site for tents
- · heated outdoor swimming pool
- 300 m sandy beach
- boat hire
- $\bullet \ \text{shop and kiosk} \\$
- new sanitary facilities
- angling





Bukta, NO-6823 Sandane

Tel. +47 57 86 62 14. Fax +47 57 86 81 05. Mobil +47 414 68 433 E-mail: : post@gloppen-camping.no www.gloppen-camping.no



• 2 high quality cabins • Rooms • Barbecue hut • Boat rental • Fishing

Skipenes Gard

NO-6770 Nordfjordeid. Tlf. +47 57 86 08 24. Fax +47 57 86 00 89 Mobil +47 402 00 926. E-mail: aria@online.no www.skipenes-gard.com



Family-run hotel with four distinctive rooms w/bathroom, intimate atmosphere and unique suroundings. Farmhouse from the 1800s situated in beautiful surroundings in the middle of Nordfjord. The food is home-made from local ingredients.



NO-6770 Nordfjordeid Tel: +47 971 49 249 terese@balsnesgard.no www.balsnesgard.no





6 cabins for hire – fully furnished with modern bath-rooms and TV/ satellite dish. Centrally located in Eid. Boat with motor for hire.

Alsaker hytteutleige

NO-6770 Nordfjordeid
Tel.+47 57 86 02 09. Fax +47 57 86 00 60. Mobil +47 909 18 690
www.alsakerhytte.no E-mail: st@alsakerhytte.no



km from Nordfjordeid. A good base for day trips to attractions in the whole of Nordfjord and Sunnmøre. Good opportunities for fishing.

Nesjartun Camping Nes, 6770 Nordfjordeid Tel. (+47) 57 86 27 32/916 02 732 E-mail: post@nesjartun.no www.nesiartun.no



- Cabins
- Camping
- · Six cabins in farmsetting with excellent sea views
- Sites for tents and campers
- Good opportunities for fishing

Almenning Camping

Rune Almenning, NO-6713 Almenningen fel. +47 57 85 48 50. Mobil +47 975 83 714 E-post: ralmenn@online.no



Best Western Måløy Hotell is located in the centre of idyllic Måløy!

- Large, comfortable rooms with bathroom, cable TV and phone
- Child friendly hotel with family rooms and separate playground
- Fishing gear for hire
- Bowling hall near the hotel

Welcome to us!

Best Western Måløy Hotell 6700 Måløy Tel: 57 84 94 00

maloy@bestwestern.no www.maloyhotell.no



Best Western Måløy Hotell

Steinvik Camping

- 5 km from the centre of Måløy 6 cabins and 3 apartments with balcony, all south-facing with view of the shipping lane
- Area for tents and camper vans/ caravans.
- · Modern sanitary facilities, kitchen and TV room. Room for preparing fish.
- · 180-metre shoreline with fishing spots and campfire area.
- · Boat for hire from floating jetty.
- Guest marina

Gerd and Oddbjørn Nygård

Blålid NO-6718 Deknepollen Tel. +47 57 85 10 70 Mobil +47 906 64 172 www.steinvik-camping.no E-mail: oddbnyg@online.no



6 well equipped cabins. Newly renovated. 18 electricity points with satellite dish connections. Spaces for caravans/camper vans. Beside 9 – hole golf course. Reception. Play area. 500 metres from centre of Selje (Seljesanden beach). Area suitable for mountain walks (marked trails). Fishing. Guided tours to the monastery at Selje and to the West Cape. Open all year.

Selje Camping og Hyttesenter NO-6740 Selje Tel. +47 57 85 62 43. Fax +47 57 85 62 43 Mob. +47 908 40 787 post@seljecamping.no www.seljecamping.no



DOKTORGARDEN SE

Charming guesthouse with a cozy atmosphere, newly restored in the centre of Selje. Café, gallery, bookstore and gift shop, accommodation in welcoming rooms. Guests have access to kitchen and large bathroom on 1st floor, Walking distance to shops, express boat, beach and golf course

Season 2013: Open for accommodation from 23.03 to 29.09. Café, shop and gallery 23.03 – 16.06 and 24.08 – 29.09. Sat – Sun 12 -17, 22.06 - 18.08 every day from 12 - 19.







Doktorgarden Selje, 6740 Selje Tel +47 57 02 01 89 • 909 29 771 • 901 86 882 • 918 65 634

Fyr i Nordfjord ••• tre lyspunkt





Kråkenes Fyr Stormfyret www.krakenesfyr.no

SlowTur®, Stay several days by the sea, InnerLifeMassage® and fantastic nature. Bridal suite in the mainhouse and 5 double rooms in the storm-

Tlf +47 57 855527 Mobil +47 95023668



Ulvesund Fyr Kulturfyret

Accomodation in peaceful surroundings. The lighthouse cafe is open daily in the summer season. Traditional homemade food. Charming shop. Local handcraft. Photo exhibition.

Tlf +47 57851777 Mobil +47 95240487



Skongenes Fyr Turfyret www.turistforeningen.no/ynt

One hour's walk from Halsør in easy walking terrain. Great view of the ocean at Stadhavet. Can be rented both for overnight stays and day trips. No access by car.

Mobil +47 93854398



4 high standard cabins for 7 people, 6 high standard cabins for 4 people and 60 caravan pitches with electricity, something which makes Nore Fjordsenter AS one of the largest camping and caravan sites in Ytre Nordfjord. In the course of the winter season we will expand with 6 cabins for up to 4 people. Open all year. There are many activities in the surrounding area and only short distances to many of the attractions of Ytre Nordfjord. Permanent sites are now available due to expansion of the campsite.

Modern sanitary facilities, 200 meter shoreline with good bathing opportunities, fishing, rental of rowing-boats, motor boat of 20 hp, life jackets and fishing equipment. Our good service is just one of the things which will make your stop at Nore Fiordsenter more memorable!



Nore Fjordsenter

NO-6711 Bryggja, Tel. +47 947 84 042

E-mail: post@nore-fjordsenter.com www.nore-fjordsenter.com



Seljevågen Appartement

Holiday apartments all year around, in the middle of Selje centre, by the magnificent Seljevågen. The closest neighbour is the beautiful and legendary island of Selja and the Selje Monastery. Five high-standard apartments for 4-6 pers. On the top floor we have a large apartment of approx. 90 m2. Arrangements for groups.

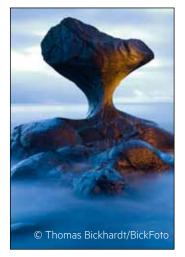
NO-6740 Selje, Tel. +47 417 59 292 www.seljevaagen-appartement.com post@seljevaagen-appartement.com



9 cabins (30-60 m²) good standard. Idyllic seaside location approx.10 km from the centre of Flatraket. Good fishing, well equipped for gutting and freezing fish. Boat with wheelhouse with each cabin. Washing machine, tumble drier. Satellite dish.

Vetrhus Feriesenter

Barmsund, NO-6717 Flatraket Tel. +47 57 85 81 45 Tel./Fax +47 57 85 82 76 Mob. +47 908 40 247 reidun@seljeneset.no



49 rooms - 100 beds. Restaurant, dancing to live music, pool, large garden next to Seljesanden beach.

Boats, bikes, walking trails. Selje Monastery/West Cape.

Selje Spa Thalasso:

Thalasso centre with heated sea water direct from the Stadhavet sea.

Wellbeing treatments for body and soul.

Swimming pool, outdoor pool, TechnoGym health studio, spa stays.

Remember to book treatments before you come.



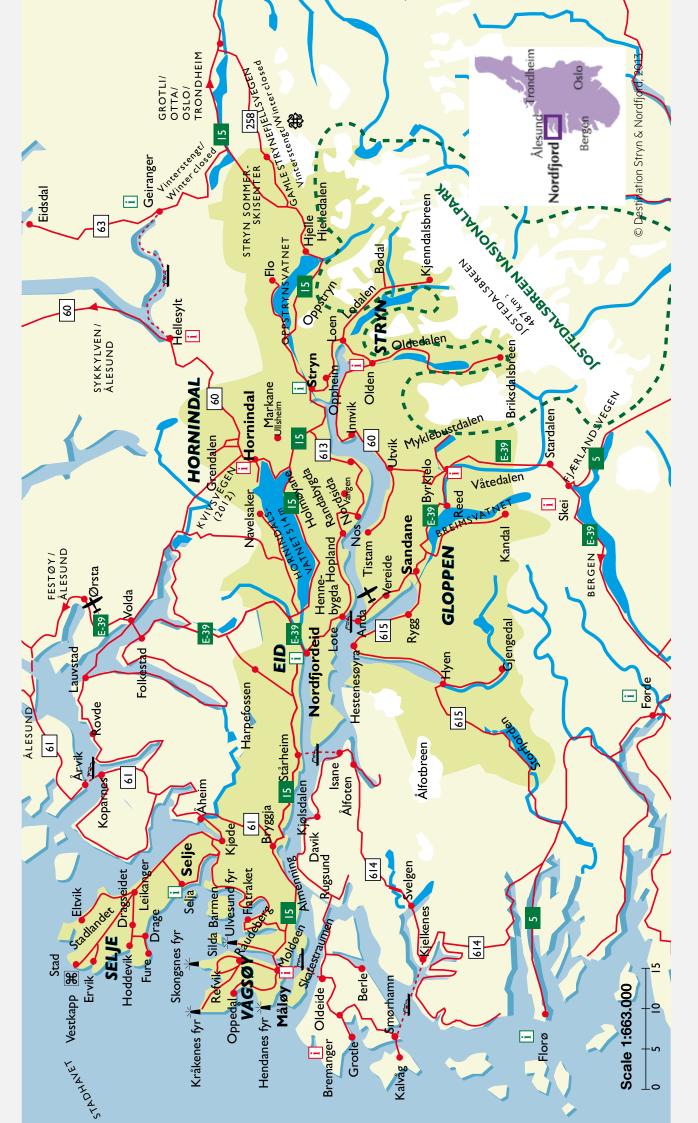
Welcome to SELJE HOTEL/SELJE SPA THALASSO

NO-6740 SELJE. Tel. +47 57 85 88 80. Fax +47 57 85 88 81
E-mail: post@seljehotel.no

pagga pagga



MAP NORDFJORD



Briksdal

Clean, healthy and free! A glittering glacier, clean mountain air, transport in open "Troll

A glittering glacier, clean mountain air, transport in open "Troll cars", a glacier safari, activity park, good food in the restaurant, fall asleep to the sound of a waterfall.

Briksdal Adventure

The west of Norway's biggest arranger of outdoor activities

A safari on the lake facing the Briksdal Glacier

Season: May - November.
Departures only when booked.
Capacity: 80 people per trip.
Min. 10 people (in advance).
Total time: Approx. 1 hour of paddling on the lake.
All the equipment is included in the price.

The activity park in Briksdalen

A passenger ropeway, climbing tower, many high/low elements (visit the homepage). Only group booking. Refreshments are served in the "Nakkjestova" restaurant in the activity park.

A guided trip on the Bødal Glacier and Brenndals Glacier

Season: May - October.

Meeting time: 10:00 on Sande Camping in Lodalen for Bødals Glacier, and at 10.00 in Briksdalen for Brenndals Glacier. Min: 3 people.

Total time: 5-6 hours, around 2,5 - 3 hours on the glacier. All the necessary equipment is included in the price.

You will find other activities, such as canoeing, rib rafting, guided mountain walks and climbs to peaks on our website

We recommend booking in advance for all of Briksdal Breføring's activities.

Briksdalsbre Fjellstove (Mountain resort)

The natural meeting place in Briksdalen

Restaurant / Cafeteria

Seats 550. Hot and cold dishes served.

Both individuals and groups served.

The biggest souvenir shop in the area

WI-FI. Coffee bar serving simple refreshments. Most credit cards accepted. Tax free.

Overnight accommodation in cabins and rooms

Very high standard - booking online from our website.

Large car parks

Follow the signs to Briksdalsbre Fjellstove.

Approx. 40 minutes to walk to the Briksdal Glacier.

Oldedalen Skyss (Transport)

An experience for the whole family

Transport to and from the Briksdal Glacier in "Troll cars"

Season: April - Oktober.

Departure times:

08.15-09.00-09.45-10.15-11.00-11.45 12.15-13.00.13.45-14.15-15.00-15.45 16.15-17.00-17.45-18.15

From April until 20 June and from 20 August until the end of the season, the last departure is at 5pm. From 21 August until the end of the season, the "Troll cars" are only available if pre-booked. Capacity: 77 people per departure.

Total time: Around 1 hour and 30 minutes, return trip.

Advance booking recommended.

Briksdal Adventure AS

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Briksdalsbre Fjellstove AS

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www.tegneren.no Photo: Normanns kunstforlag, Egil Aabrekk, Hugo Opdal, Terje Rakke/Nordic Life/Fjord Norg





